Sick or injured: where should I go?

Always bring your list of current medications.

WHEN TO VISIT YOUR DOCTOR’S OFFICE (in person or virtually)

For care and treatment of non-urgent issues

For most medical concerns, contact your primary care provider first. Your doctor is your partner in good health and is most familiar with your medical history. Your doctor gives routine care and treatment when it is not an emergency.

WHEN TO VISIT URGENT CARE

For immediate but not life-threatening needs

Urgent care can treat any health problem where you need to be seen quickly, but it is not an emergency. Urgent Care has evening and weekend hours when your primary care provider may not be available.

WHEN TO VISIT AN EMERGENCY ROOM

For any life or death emergency or urgent after-hours need (open 24/7)

When having a life-threatening emergency, call 911.

You should follow up with your primary care provider after a visit to an emergency room.