Guidance for Quarantine of Ambulatory, Clinic, and Non-admitted Patients

March 5, 2021
Owner: Clinical and Operations

**Patient reports a close contact with a COVID-19 infected person or close contact with a Person Under Investigation (PUI) for COVID-19**

See CDC for information on close contacts

**Is patient symptomatic?**

- Yes
  - Follow Triage Protocol and Educational resources.

- No
  - **Has the patient received a full course of vaccine within the last 3 months?**
    - Yes
      - **Patient is instructed to Quarantine for 14 days from the most recent exposure date. This period of quarantine must follow State and Local guidance**
      - **Patient may consider ending quarantine if the patient is asymptomatic and it has been:**
        - 10 days since exposure and no COVID-19 testing was performed
          - With this strategy, residual post-quarantine transmission risk is estimated to be about 1% with an upper limit of about 10%
        - 7 days since exposure and a negative COVID-19 PC-R test result, performed on 5 days or more after exposure, has been received
          - With this strategy, the residual post-quarantine transmission risk is estimated to be about 5% with an upper limit of about 12%

  - No
    - **Does patient report symptoms of COVID-19 within the last 3 months?**
      - Yes
        - *Quarantine keeps separates from others someone who might have been exposed to the virus.*
        - *Isolation keeps someone who is infected with the virus away from others, even in their own home.*
        - See CDC "Isolate If You Are Sick" for more details.
      - No
        - **Does the patient live in a congregate setting or is an inpatient on a Behavioral Health unit?**
          - Yes
            - **Does the patient report symptoms of COVID-19 within the last 3 months?**
              - Yes
                - *Quarantine keeps separates from others someone who might have been exposed to the virus.*
                - *Isolation keeps someone who is infected with the virus away from others, even in their own home.*
                - See CDC "Isolate If You Are Sick" for more details.
              - No
                - **Patient does not need to quarantine. BUT Observe heightened vigilance and report any potentially relevant symptoms until 14 days since exposure have elapsed**
          - No
            - **Patient is instructed to Quarantine for 14 days from the most recent exposure date. This period of quarantine must follow State and Local guidance**

  - Follow Triage Protocol and Educational resources.

**Quarantine or isolation: What’s the difference?**

- **Quarantine** keeps separates from others someone who might have been exposed to the virus.
- **Isolation** keeps someone who is infected with the virus away from others, even in their own home.
- See CDC "Isolate If You Are Sick" for more details.

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1. A full course of treatment ≥2 weeks following receipt of the second dose in a 2-dose series, or ≥2 weeks following receipt of one dose of a single-dose vaccine.
2. Within 3 months following receipt of the last dose in the series.
3. Congregate settings include Skilled Nursing Facilities, Assisted Living Facilities, PACE programs and prisons.
4. Local public health authorities make the final decisions about how long quarantine should last based on local conditions and needs and should trump any of these guidelines.
5. See Options to Reduce Quarantine for Contacts of Persons with SARS-CoV-2 Infection Using Symptom Monitoring and Diagnostic Testing for more information as needed.

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**Options to Reduce Quarantine for Contacts of Persons with SARS-CoV-2 Infection Using Symptom Monitoring and Diagnostic Testing**

- Reinforce that the patient must continue to wear a mask, stay at least 6 feet from others, wash their hands, avoid crowds, and take other steps to prevent the spread of COVID-19 infections.
- If possible, maintain a physical distance from others, especially those who are at higher risk for becoming very sick from COVID-19 such as older persons, persons with underlying medical conditions, and those who have weakened immune systems.

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**Congregate settings include:**
- Skilled Nursing Facilities
- Assisted Living Facilities
- PACE programs
- Prisons

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**Investigation (PUI) for COVID-19**

- Observe heightened vigilance and report any potentially relevant symptoms until 14 days since exposure have elapsed

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**Within 3 months following receipt of the last dose in the series:**

- For more details see CDC "Isolate If You Are Sick" for more details.