Dear Neighbor,

Since the late 1800s, the Clinton area has been fortunate to have faith-based hospitals serving the health care needs of our earliest settlers. Undeniably, since that time health care has gone through many transitions to adapt to changing times. But the heart and soul of what we do every day remains. Our Mission calls us to care for the health and well-being of all the residents in our community, and that will truly never change.

Today, we are part of the fourth largest Catholic health care system in the nation. We have access to world-renown specialists through the advent of the digital health record and advanced technologies, like our stroke robot. These connections allow us immediate access to experts and proven, cutting-edge science. As an organization, we have focused on incorporating evidence-based clinical practices so that you can expect the highest level of care when you need it. We’ve been recognized as one of the top performers in core measures for quality of care. We have consistently scored well in independent rankings from websites like “Hospital Compare,” and have been recognized by national organizations such as The Joint Commission and the Leapfrog Group. We’ll continue to challenge ourselves to be at our best to provide you — our family, neighbors and friends — the highest quality of care, in the safest environment, with exceptional service.

Today we continue to face unprecedented change in how we provide care. We are encouraged that health care reform will expand health care access for many and are poised for the challenges to our human and financial resources. That is why we are most grateful to you, our donors and community, for your continued and generous support.

Through our history and heritage, we’ve grown stronger. And while change is never easy, when it’s the right thing to do it provides a beacon for us all to work together to achieve amazing results.

Sincerely,

Sean J. Williams
President and CEO
Mercy Medical Center–Clinton

Mercy Medical Center–Clinton has been recognized as a Top Performer on Key Quality Measures® again this year by The Joint Commission, the leading accreditor of health care organizations in America. This distinction recognizes Mercy colleagues for exemplary performance in using evidence-based clinical processes that are shown to improve care for conditions related to heart attack, heart failure, pneumonia and surgical care.
In April 1988, Samaritan Health Care Foundation was incorporated as a 501(c)(3) not-for-profit Iowa Corporation. In the last 25 years, private support contributions to the Mercy Healthcare Foundation have made the latest in health care services a reality in the community. With generous community support, Mercy services in Dialysis, Radiation Oncology, Imaging Services, Hospice and Memory Loss Unit have received support for technology upgrades and improvements. In addition, more than $1.7 million has been invested into a permanent endowment designed to ensure the longevity and excellence of Mercy Medical Center–Clinton.

Our Mission

The Mission of Mercy Healthcare Foundation is to build relationships and generate financial support for Mercy Medical Center.

Our Vision

The Mercy Healthcare Foundation is acknowledged by the community as the best resource to promote and improve health care based on the Foundation’s:

- Strong partnership with the community and with Mercy Medical Center.
- Knowledge of current and emerging community health needs.
- Support of leadership in preventive health care and personal wellness.

Mercy Healthcare Foundation achieves its vision through offering a variety of ways which help people contribute financially to general and specific health care improvements.

Major Goals

Fundraising. Develop a variety of general and specific programs, including an endowment, through which people can contribute financially.

Community Needs. Identify emerging and unmet health needs and provide leadership to address them.

Foundation Management. Enhance volunteer leadership and involvement.
Stories of Heart, Hope and Healing: The Mercy Difference

Essentially, hospitals around the country do all the same things. Patients who come in with chest pain, broken bones, pneumonia or any number of symptoms are treated by nurses and physicians to bring about healing.

Like other hospitals, we do this through the skillful hands of physicians, nurses and caregivers who tend to the needs around-the-clock. In doing so, we strive for excellence in the care of our patients, residents and customers, as many hospitals do.

To achieve this level of excellence, we have had a relentless focus to provide the highest level of quality, safety and service for those we serve. Our attention to quality, safe care has allowed us to achieve high ratings on websites like the Centers for Medicare and Medicaid’s “Hospital Compare.” Recently, we’ve been recognized by The Joint Commission for our commitment to achieving high standards in the core measures of care, joining distinguished hospitals across the nation that have achieved this level of excellence.

While we are proud of the work we’ve done in elevating the level of care at Mercy, what makes us different is how we provide comfort and healing and why we feel called to do so. Our relationships and our purpose distinguish us from other health care organizations. The spirit of our organization arises from our heritage, with foundations in serving others with a ministry to heal body, mind and soul. We approach patient and resident care as a ministry.

So what makes Mercy–Clinton different than other hospitals? The answer can be found in what happens day after day as hundreds of stories unfold. When we read these stories in letters and cards, we understand what makes us different. As a faith-based Catholic hospital, our difference may not be obvious from outside the walls, but can be found in the individual stories of those whose lives we’ve touched. From lifesaving moments to attention to the smallest detail, the difference can be found in the stories.

Many stories come to us from our “Heroes of the Halls” cards, small cards that allow anyone to express a note of thanks. The power of the card lies in its strength to highlight stories that may have been lost or forgotten as the days go on. Rather, we celebrate actions which were not done for recognition but simply as part of an employee’s day. The stories have been heartwarming and touching. Truly, the best part about the “Heroes” program is that the answer to what makes Mercy different is written in the stories.

Here are excerpts from the cards and letters received:

From a Hero Card: “A resident from Mercy Living Center–North was transferring to Mercy Living Center–South to the Memory Care Unit. It was the weekend of Easter. The resident, due to her dementia, would not allow the beautician to style her hair that week. Before the resident left our facility, one of the staff shampooed her hair and styled it with a curling iron. She cleaned her and made sure she looked nice prior to her departure to her new home. Family was here, plus her husband and they commented on how nice she looked. It was sad to see her move, but she left here with dignity.”
From the sister of a patient: “Just a note to extend my sincere appreciation and gratitude to the surgical department and entire fourth floor staff and nurses who took outstanding care of my dear brother after his recent surgery. Words cannot be described enough here for the sincere and loving care he received following his surgery and during his stays at Mercy.”

From a Hero Card: “All of the nurses were awesome in attending to my brother’s needs. I want to especially thank the nurses on duty who took care of him initially in those first hours, overnight and days after his surgery. One nurse got me a cot to stay bedside, overnight, alongside my brother while he was recovering; thank you so much for your quick thinking and dragging in the heavy cot for my convenience. Extra special gratitude (to the doctors) for their expertise ... Your great care, patience and sincere heartfelt concerns were truly appreciated by all of us ... as our anxieties were all lovingly addressed and reassured. The staff in the surgical waiting room was gracious and warm along with the Cookie Lady. The clergy who visited were comforting and spiritually nourishing. Our fervent prayers were answered beyond all that we asked.”

From a patient’s family member: “I was diagnosed and successfully treated for a rare form of leukemia 10 years ago ... Ended up in emergency, then isolation in a huge hospital on an oncology floor with all oncology nurses. I really felt that I had received exceptional care during the one week stay, but what I witnessed recently at your medical facility for my brother was way beyond what I experienced in quality care. Truly, your nurses, physicians and entire staff are awesome and may God bless you all for your many acts of loving-kindnesses, genuine concern and awesome care. You are all appreciated more than any of you could ever imagine. Thank you much for everything.”

From a Hero Card: “For his professionalism and compassion demonstrated to the patient’s family during an end-of-life decision that their mother made. He multi-tasked and was able to give direction, education and comfort to all parties involved. To the patient, he gave her encouragement and praise for determining her direction in life. To the family, he answered questions, directed them to those who would be able to assist them with further decision making. He also provided compassion with his kind words, touch and just being there to support the family. Thanks, you made a difficult time much easier for all.”

From a volunteer: “As an Ambassador, I was making my rounds handing out prayer shawls to patients. On my third attempt to stop in a patient’s room, I was greeted by a very nice gentleman who was reading his Bible, and almost excused myself so he could continue with his time with God. Closing his Bible, I felt welcomed to come in. I explained that I was a volunteer and offered him a “Prayer Shawl.” I was going to explain a little further about the prayer shawl, but before the words were barely out of my mouth he looked at me and so softly said, ‘You have no idea how happy you have made me!’”

“I stepped into the door way and showed him two shawls that I felt would appeal to a male. His face broke into an awesome grin; he pointed at the one he liked. I handed the prayer shawl to him and he immediately embraced the shawl as he pulled it to his chest! Again he stated, ‘You have no idea how happy you have made me!’ I replied how happy I was to bring him just what he needed.

“We had a wonderful visit. He could not say enough about how much love was given by those who were taking time to do things for others and doing it because they love to do it. I was so blessed by this incident. I had been wondering if I really wanted to continue doing the Ambassador volunteering. My answer is clear, ‘Yes, I do!’”

It is not only the direct medical care of the patient that is important to us, but we believe that healing comes with attention to a patient’s body, mind and soul. Care delivered through comforting words to the patient or family member, the gentle touch of a caregiver to a frightened young emergency room patient, or through the hugs and kindness of nurses and caregivers when a family member takes their last breath, is what makes us different.

As a Catholic non-profit hospital, this attention to all aspects of healing is what defines and separates us from others.
Our Annual Fundraising Event

Denim & Diamonds

Wild Rose Casino, Chef Stan Seago and staff, and Don's Jewelry for the donation of the beautiful diamond and sapphire necklace.

Mercy Healthcare Foundation held its sixth annual fundraising event, Denim & Diamonds, on March 1, 2013, at the beautiful Wild Rose Casino. We set out to raise funds for another project that touches the hearts of those who are facing cancer: a dedicated CT Simulator in the Radiation Oncology Center. The dedicated CT simulator allows patients who are receiving cancer treatments at the Mercy Radiation Oncology Center the precision treatment planning required for the best possible outcomes. Thanks to your generous donations, we were able to raise more than $29,000!

Thank You Sponsors ...

Diamond Sponsors
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Union Pacific Foundation

Gold Sponsors
Advanced Radiology SC
Ashford University

Silver Sponsors
Backwith Roofing
Clover Hills Appliance
Mark Dion, MD
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Wound Care Clinic

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Air Control
Clinton National Bank
Howes & Jeffries
Sterling Federal Bank
Wiersama Charter
Windmill Realty

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KWOC
OnMedia
LAMAR
Clinton Herald
KROS

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Drs. Surendra & Kamalini Kumar
Linda Lamp
Mississippi Valley Region
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Kent & Dixie Jorgensen
Mrs. Benjamin H. Landis
Ron & Barbara McGougan
Sharon Meister
The Insurance Group
Brenda & Chuck Thornton
Annette Zarnes

Donation
Lydia Halbach
Thomas & Sandra Tegeler
Scholarships

Mercy Healthcare Foundation annually awards scholarships to students in nursing and healthcare-related fields. Six scholarship committees meet, review and award the scholarships. In 2012-2013, 41 recipients were awarded and received $28,000. In 2013-2014, 36 recipients were awarded and received $20,000 in scholarships.

- The Mercy Auxiliary Scholarship is available to those pursuing a degree in a health-related field.
- The Dr. Frank O. Kershner Scholarship is available to those pursuing a nursing degree.
- The Patrick and Anna McKay Scholarship is available to employees of Mercy Medical Center and their relatives pursuing a health-related degree.
- The N.K.L. Scholarship is available to those admitted to a nursing program and scholarship funds are used for education in pursuit of a nursing degree.
- The Ruthann Papke Scholarship funds are to be used for education in the pursuit of nursing.
- The Lori Skiff Memorial Nursing Scholarship is available to Mercy R.N.s pursuing a higher education in the field of nursing.

“What a wonderful job that we are privileged to have, and this is why we do what we do — we get to change people’s lives.” — The Scholarship Committees

I have been privileged enough to receive scholarships through the Foundation on two separate occasions. The first time I applied for scholarships, I utilized the money for obtaining my RN. I applied last year as I returned to school, and obtained three separate scholarships. This was an amazing opportunity that I will forever be grateful for. As a result of working full-time and scholarships, I do not have student loans. I have been able to give back to the organization through my work. It took hard work of course, but having the assistance of these scholarships relieved the financial stress.” — Katie Schneider
Mercy Medical Center Community Benefit Ministry

Year ending June 30, 2013

<table>
<thead>
<tr>
<th></th>
<th>2012</th>
<th>2013</th>
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</thead>
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<tr>
<td>Ministry for the Poor and Underserved</td>
<td>$ 574,079.00</td>
<td>$ 456,641.00</td>
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<td>Ministry for the Broader Community</td>
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<td>$ 1,996,247.00</td>
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<td><strong>$ 3,398,048.00</strong></td>
<td><strong>$ 3,240,105.00</strong></td>
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</table>

Glossary

**Ministry for the Poor and Underserved**
Activities and programs carried out for the purpose of improving health status and quality of life. The Ministry for the Poor and Underserved seeks out and serves those who need us the most, especially the working poor, the uninsured and the indigent. At Mercy Medical Center, we do this primarily through various programs such as the Gateway Free Clinic, newborn hearing and screening, and prescription assistance.

**Ministry for the Broader Community**
Activities and programs carried out for the purpose of improving community health status and the quality of life, but are not specific to the poor and the underserved. These programs go beyond patient care tasks and are subsidized by Mercy Medical Center.

**Unpaid Cost of Charity Care**
The cost of services provided to patients who cannot afford health care services due to inadequate resources and/or are either uninsured or underinsured. The determination of eligibility for financial assistance is based on the individual’s demonstrated inability to pay for such services due to inadequate resources. It may include those persons who are uninsured or underinsured and/or not eligible for any private or publicly underwritten health care coverage program as documented in the patient’s financial record.
# Mercy Healthcare Foundation Grants

## July 1, 2012-June 30, 2013 Fiscal Year Grants

<table>
<thead>
<tr>
<th>To Mercy Medical Center for</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Associates Emergency Fund</td>
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<tr>
<td>Alzheimers Support</td>
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<tr>
<td>Breast Cancer Boards for Radiation Oncology</td>
<td>$2,000.00</td>
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<tr>
<td>Radiation Oncology</td>
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<tr>
<td>Medical Floor Room Renovations</td>
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<tr>
<td>Surgical Equipment</td>
<td>$2,266.82</td>
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<tr>
<td>Dialysis Equipment</td>
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<td>Radiology Exams and Lab Tests</td>
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<td>Cardiovascular Screening</td>
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<td>GI Education</td>
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<td>Long Term Care Activities</td>
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<td>Parish Nurse Program</td>
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<td>PCU</td>
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<tr>
<td>Radiology</td>
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<td>Services for Aging</td>
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<td>Telepsych equipment</td>
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<td>Transport Van</td>
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<td>Stacking Visitor Chairs</td>
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<tr>
<td>Sleeper Sofas</td>
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<tr>
<td>South Main Entrance Flooring</td>
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<tr>
<td>4th Floor Family Waiting Room Furniture</td>
<td>$3,750.00</td>
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<tr>
<td>4th Floor Flooring</td>
<td>$46,291.10</td>
</tr>
</tbody>
</table>

Total: $275,502.49

## Giving

Working to elevate the health status of a community requires hard work, commitment and a dedication to overcoming obstacles at every turn. Mercy Healthcare Foundation continues to work to achieve its goals and is determined to leave a grand legacy for generations to come.

Find out more at [www.mercyclinton.com](http://www.mercyclinton.com).

### To Educational Scholarships for

<table>
<thead>
<tr>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mercy Auxiliary Scholarship</td>
</tr>
<tr>
<td>Dr. Frank O. Kershner Nursing</td>
</tr>
<tr>
<td>Patrick &amp; Anna McKay</td>
</tr>
<tr>
<td>N.K.L. Nursing Scholarship</td>
</tr>
<tr>
<td>Ruthann Papke Scholarship</td>
</tr>
<tr>
<td>Lori Skiff Memorial Nursing</td>
</tr>
<tr>
<td>Mercy Healthcare Foundation Education</td>
</tr>
</tbody>
</table>

Total: $275,502.49
Foundation Financial Report

For Fiscal Year 2013, the period covering July 1, 2012 through June 30, 2013, the Foundation raised $169,953 which is categorized into the following major components:

- Unrestricted $5,341
- Auxiliary Restricted $56,759
- Healing Garden $33,000
- Denim & Diamonds $29,275
- Hospice $13,341
- Auxiliary Scholarships $10,000
- All other restricted $22,236

Total $169,953

FY 2012

For Fiscal Year 2012, the period covering July 1, 2011 through June 30, 2012, the Foundation raised $161,269, which is categorized into the following major components:

- Unrestricted $6,291
- Auxiliary Restricted $55,000
- Denim & Diamonds $40,050
- Hospice $12,656
- Auxiliary Scholarships $10,250
- All other restricted $37,022

Total $161,269

FY 2013

For Fiscal Year 2013, the period covering July 1, 2012 through June 30, 2013, the Foundation raised $169,953 which is categorized into the following major components:

- Unrestricted $5,341
- Auxiliary Restricted $56,759
- Healing Garden $33,000
- Denim & Diamonds $29,275
- Hospice $13,341
- Auxiliary Scholarships $10,000
- All other restricted $22,236

Total $169,953
Music Therapy Brings Joy and Peace to Hospice Patients

It’s a moment Adrienne Sumpter will not soon forget. In a quiet room, she sat beside an advanced-stage dementia patient and played her guitar. As the last note sounded, he opened his eyes, looked at her and whispered, “Beautiful ... beautiful.”

Music is a universal language, and a healing one.

“Music can bypass the damaged areas of the brain and make new connections,” said Sumpter. Music, in fact, has been shown to improve respiration, lower blood pressure, lower the heart rate, relax muscles and help patients manage pain and discomfort.

A board-certified music therapist, Sumpter offers the gift of music therapy to patients of Mercy Hospice at Mercy Medical Center–Clinton. Whether in their own homes, nursing facilities or even in the hospital, hospice patients benefit in many ways from the magic of music.

“Music therapy is described as the clinical and evidence-based use of music to address the needs of patients and families,” said Sharon Meister, Director of Mercy Home Care and Hospice. “The benefits of music therapy are countless. There are many examples of how it has been shown to help with pain management and how it can provide a level of emotional and spiritual support for patients and family members that otherwise may not have been possible.”

Hospice patients can range from being verbal and aware of their surroundings to those who have advanced stages of dementia. Often the most powerful displays of the effect of music can come when a patient hasn’t responded to any other stimuli.

“Music is hard-wired into our brains; it’s a global process,” said Sumpter, adding that the sense of hearing can often be the last sense a person will lose as he or she is nearing the end of life.

Sumpter uses a variety of instruments that can have different effects on patients. A Native American flute and Reverie Harp provide calming tones in the pentatonic scale while she uses her voice and guitar for other songs. Varying the instrument and the tempo provide flexibility when working with hospice patients.

“When I come in (to a patient’s room), I will often hear the family say, ‘It won’t help, he won’t know that you’re here,’” said Sumpter. “But I’ll start playing music and will notice that the patient’s breathing entrains to the rhythm of the music. It will go from very shallow breathing to deeper, calmer breathing.”

Sumpter recently spoke to Mercy Hospice volunteers about the benefits of her work. To demonstrate the power of music therapy, she showed a video in which a dementia patient responded by singing words to the tune “My Bonnie Lies over the Ocean.”

“Hospice can be a difficult time,” said Sumpter. “Music can often provide an environment that not only relaxes the patient, but also eases anxiety, tension and concern for family members as well.”
Diamond Medallion
Dr. and Mrs. Salvador Borja
Mr. and Mrs. James Byrns
Mr. and Mrs. James K. Durgin
Helen J. Fitzpatrick Estate
Bonnie Anne Gobble Estate
Helena M. Kershner
Mercy Auxiliary
Betty Morehan Estate
Mrs. Viola Schel Estate
Martha Smith Estate
Earl Stukas Estate
Ms. Velma Voss
Mr. and Mrs. Myron Weil
Ms. Leone Welton

Ruby Medallion
Anonymous
Cleveland Clinic Foundation
Clinton National Bank
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Mr. and Mrs. Robin B. Fraser
Gateway Medical Imaging
Dr. and Mrs. Jeffrey Hallman
Mr. and Mrs. Thomas J. Hesselmann
Dr. Juergen Holl
Clarice Hynes Estate
Gladys Larem
Lyndell, Equistar Chemicals, L.P.
McInerney Motors
Pew Foundation
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Bruno Sindt Estate
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Advanced Radiology S.C.
Aegis Credit Union
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Alliant Energy
Beckwith Commercial Roofing
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Laurel Brandenburg
Jerome and Janice Burken
Camanche Clinton and
Fulton Kiwanis Club
Genevieve Challen
Citizens First Bank
Clinton Herald Newspaper
Clover Hill Appliance
Core-Vens & Company, Inc.
Kimberly Cummings
Dr. Mark and Kathleen Dion
Don's Jewelry/
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Julie Eggis
Connie Gonzales
Sue Halcomb
Arleene Hansen
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Dr. Stephen and Mrs. Harrison
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Judy Kasterke
Anna Knapp
Drs. Surendra and Kamalini Kumar
KCLN/MAC FM
Brian Leszkiewicz
Mary Lincoln
Michelle Maili

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Mrs. Benjamin H. Landis
Mr. and Mrs. George Oliver
Wild Rose Casino & Resort

Medallion
ADM Corn Processing
Advanced Radiology S.C.
Aegis Credit Union
Air Control, Inc./Mary Connell
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Laurel Brandenburg
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Kent Jorgensen
Judy Kasterke
Anna Knapp
Drs. Surendra and Kamalini Kumar
KCLN/MAC FM
Brian Leszkiewicz
Mary Lincoln
Michelle Maili

Mr. and Mrs. Paul Mangin
Cindy Manning
James and Lynn Mcgraw
Mercy Services for Aging/
Mercy Living Center North and South
Colleen Meggers
Sharon Meister
Mary Meyer
Lynette Mikesh
Joan Noe
OnMedia
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Sweetheart Bakery
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Union Pacific Foundation
Brenda Vens
Voss Brothers Plumbing & Heating, Inc.
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Karen Webb
Windmill Realty
Beth Wirth
Andrea Witt

Patron
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Charles Arp
Karen Avery
Dr. S. and Lina Barakat
Kathy L. Baker
Lisa Burken
Kathy Byers
Margaret Cualiakutl
Faith Lutheran Church Women
Kim Gay
Lynn M. Haas
Geraldine Hand
Mary Lou Hannafan
Max and Sharon Hines
Gary and Bonnie Huss
Nancy Ketelsen
Debra Kohrt
LAMAR
Linda Lamp
Jill Lemke

Wendi Lippens
Virgil McCue
Stacy Milroy
Mississippi Valley Blood Center
Marilyn Montgomery
Jean Morgan
Patricia Nichols
Darla Olson
Teresa Peterson
Francie B. Hill and Allan Rathje
Barbara Seifert
Lawrence Sikkema
Soderstrom Skin Institute
Patricia Spooner
Carol St. John
Steven and Mary Thacker
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Carole Walker
Clevetta Ward
Mary Ward
Theresa Wilhelm
Annette Ziemek

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Lisa Atkinson
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Jane Berg
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Kathryn Goetzl
Kathryn Haines
Lydia Halbach
Marilyn Helar
Donna Ann Herkelman
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Debra Anderson
Barnhart Memorial
Beauty on the Avenue
Thomas and Mary Berg
Janet Beveroth
Bret Blockinger
Sharon Bormann
Jean Bowman
Barbara and Jerry Brown
Tamara Cheramy
Cadogan Chiropractic
Roger and Linda Carlson
Lisa and Thomas Caruso
Gary Charvat
Rick and Heidi Childs
Clinton Area Chamber of Commerce
Community State Bank
Julianne Cook
Lori Decker
Mary Determan
Susan Donahue
Enright Family
Monica Ferguson
Dorthe Flick
Dale and Ronda Floyd
Verna Fuller
Erinn Garrels
Laura Gassman
Genesis VNA & Hospital
Elliott and Barbara Groth
Michael and Bess Haan
Daniel Hedden
Timothy and Kathryn Hess
Floyd Hoelsinger
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