RED HATS FOR BABIES IN HONOR OF AMERICAN HEART MONTH

In honor of American Heart Month, babies in our central campus and West Lakes nurseries and the Neonatal Intensive Care Unit all received red hats on Friday, Feb. 5, for Wear Red Day. February is American Heart Month and these hats were given to help raise awareness of congenital heart defects, a common birth defect. The units will continue to hand out red hats to babies born this month. Thank you to the American Heart Association for donating these adorable red knit hats for the babies at Mercy!

In the photo at left, Patti Anderson, MSN, RNC-OB, unit nursing director of Mercy Birthing Unit, Maternity Triage and Treatment, Mercy West Lakes Mother/Baby; Jody Timmins, RNC, MSN, ARNP, unit nursing director, Mother Baby Unit; and Dawn Schwartz, MSN, IBCLC, ARNP, NNP-BC, unit nursing director and neonatal transport coordinator, Variety Neonatal Intensive Care Unit, received a donation of red knitted hats from the American Heart Association. The hats will be given to babies at Mercy Medical Center – Des Moines and Mercy Medical Center – West Lakes during February. The hats serve as a reminder about congenital heart defects.

NOMINATE COLLEAGUES FOR LIVING THE SPIRIT OF MERCY IN THEIR WORK

The Spirit of Mercy is alive and well at Mercy Medical Center! You can help honor colleagues who reflect that special spirit in the work they do! Nominations are now being accepted for the 2016 Spirit of Mercy Award, created to recognize the outstanding efforts of Mercy colleagues who demonstrate professional and personal standards exemplifying Mercy’s Mission and Vision.

Detailed nomination forms may be viewed and printed out from the website at www.mercydesmoines.org/spirit-of-mercy-award or on MercyNet. Paper copies of the form are available within the Administration offices of Mercy Medical Center, Mercy West Lakes, Mercy – Centerville and Skiff Medical Center. The deadline to submit nominations is March 21.
Physician assistant joins Mercy Urbandale Aurora Medical Clinic

The physicians and staff of Mercy Urbandale Aurora Medical Clinic are excited to welcome Koby Anderson, PA-C, to the practice. Anderson earned her master of health science as physician associate degree from the University of Oklahoma Health Science Center in Oklahoma City, Okla., in 2014. Prior to joining the clinic, Anderson worked as a family practice physician assistant at Primary Health Care in Marshalltown.

Mercy Urbandale Aurora Medical Clinic is located at 6200 Aurora Ave., Ste. W100 in Urbandale. To schedule an appointment, call (515) 270-1177.

MTT STAFF HONORED AS ANGELS OF MERCY

Jennifer (center, holding her son) was a patient in the Maternity Treatment and Triage unit at Mercy prior to the birth of her son. To show the family’s appreciation of the care she received, they nominated the MTT unit for an Angel of Mercy award, and made a donation of five iPads and a blanket warmer to the unit.

“I have truly never met more kind and caring people and I am forever thankful for everything they have done for me. They will never truly know how much they have touched our lives and that the talks and advice they gave us are used frequently in our house. They will always be special to us.”

These are just a few of the kind words used by Jennifer, a past patient on the Maternity Triage and Treatment (MTT) unit, to describe the care she received from the staff at Mercy.

Jennifer and her family wanted to let the staff know just how much they appreciate the care received and recently nominated MTT for an Angel of Mercy award. In a recent Angel of Mercy ceremony, the family donated five iPads to the unit for the mothers to use while there on bed rest. Additionally, her family – the Burke Family Foundation – donated funds to purchase a blanket warmer specifically for the unit.

Jennifer, her husband, son and mother were all in attendance to present the gifts, and to thank the staff for all they did, not only for Jennifer, but to help save the life of their 15-month-old son.

SPECIAL CALCIUM SCORING OFFER DURING AMERICAN HEART MONTH

In celebration of American Heart Month, Iowa Heart Center is offering its calcium scoring screening for only $75 (regularly $99) in February. This screening consists of a quick, painless CT scan of the coronary arteries (called calcium scoring) and, if requested, an in-depth risk assessment with a nurse practitioner specializing in cardiology. Patients are asked to a recent fasting lipid profile with them if they would like a cardiac risk assessment completed at the time their visit.

Calcium scoring is for men and women 75 and younger and is not for people with known heart disease or prior positive score. People must have two or more risk factors to qualify for the scan. This offer is valid for staff, patients and the general public for tests scheduled on or before Feb. 29.

To schedule an appointment, call (515) 633-3600. For more information, visit http://www.iowaheart.com/services/preventive-cardiology-center/calcium-scoring/.

CONTACT US

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If you are interested in submitting information to be printed in the Bulletin, send it to PR and Marketing or call 515-247-3050.

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