KAYE JARRETT RECOGNIZED WITH DAISY AWARD

Kaye Jarrett, R.N., is Mercy’s newest DAISY Award recipient. She was surprised with the award at a ceremony Nov. 29 in the Pediatric Intensive Care Unit, with several of her colleagues and Mercy nursing leadership in attendance. Kaye was nominated by the mother and grandmother of a former patient, to recognize the kind and compassionate care she provided to the patient’s entire family following the patient’s illness and passing.

Following is an excerpt from the nomination form: “There are not enough words to express how thankful I am to have had Kaye as our nurse during this difficult time. Kaye provided the BEST care to my daughter. I will also not forget how kind and compassionate she was towards my husband and me and our families. I cannot thank her enough for lining up the baptism for my daughter and being more than willing to take pictures and to record the baptism. Kaye truly goes above and beyond. Due to Kaye’s efforts, I will forever cherish the last few moments spent with my sweet baby.”

Find out more about the Daisy award or submit a nomination at mercy.dm/daisy

BARIATRIC SURGERY HELPS CENTRAL IOWA WOMAN WIN AT LIFE BY LOSING BIG

At the age of 23 Andrea was pre-diabetic and pre-hypertensive. Depression and emotional eating ruled her life. After a lifelong struggle with her weight, she made the life-changing decision to have weight loss surgery at Mercy in 2007.

Now she says “I never thought the surgery would change my life as much as it has. I started at 243 pounds and now weigh 125 pounds – more than 10 years later! I was able to keep it off even with three pregnancies after my surgery. I am able to do things I never imagined doing, I can run and play with my kids and have endless energy. I love to swim, walk and have taken up kickboxing.

Surgery is definitely not a “fix,” I think it’s a tool and a push to learn how to eat and what to eat in order to gain and maintain your health. It’s not about the number on the scale, but about the quality of your health.

Being an example to my children is the most important thing. I owe Mercy Bariatric Surgery so much. They have changed my life!”

For more information on weight loss services at Mercy, Visit mercydesmoines.org/weightloss.

MERCY WELCOMES NEW YEAR’S BABY

Laura and Rob Collier of Indianola are the proud parents of the first baby born at Mercy in 2018. Baby George was born around 5 a.m. on New Year’s Day. He is the first child for the Colliers. The family was presented with a gift basket from Mercy containing baby essentials. Congratulations!
The Bulletin is published weekly for staff and friends of Mercy Medical Center, 1111 6th Ave., Des Moines, Iowa 50314-2611. If you are interested in submitting information to be printed in the Bulletin, send it to PR and Marketing or call 515-247-3050.

**WHAT’S UP?**

**MAKING MOMENTS THAT MATTER**

When a patient on 8 South realized he would be unable to attend his daughter’s graduation from the School of Nursing at Midland University in Fremont, Neb., he was very disappointed. That’s when family friend, Rebecca Oliva, who also is the director of Mercy Hospice and Home Care, alerted nursing staff and Mercy’s Public Relations department to see what could be done to allow the patient to view the ceremony from his hospital bed. With the graduation only four days away, work quickly began to arrange for audio visual equipment and a live feed from Midland University, which would be streamed through Facebook. The communications team at the university even emailed the graduation program, so copies could be printed and distributed to the family watching the ceremony from Mercy.

On the night of the graduation, family filled the room and, as the ceremony began, the patient’s daughter appeared. From across state lines, the patient was able to be a part of this very special milestone in his daughter’s life.

This LiveUp moment left an impression on everyone involved, and is just another example of what makes Mercy such a special place.

**ANSWER THE CALL ON THE MARTIN LUTHER KING DAY OF SERVICE**

The Mercy Family has a proud tradition of baking casseroles for the Salvation Army to help feed Des Moines’ homeless as part of the national Martin Luther King Day of Service. The need has never been greater.

Mercy Mission on the Move and Diversity Resources Enriching All Mercy (DREAM) will provide you with baking pans and a recipe on Wednesday, Jan. 10, from 11:30 a.m. to 1:30 p.m., outside the Marketplace & Grille on central campus and The Café at Mercy – West Lakes. You can return your baked and frozen casseroles on Monday, Jan. 15, from 6:30 a.m. to 3:30 p.m. Casserole drop-off will take place on Mercy central campus at the main entrance valet area and at Mercy – West Lakes under the parking deck by the maintenance garage.

If you are unable to provide a casserole, but still want to get involved, donations of additional food items – including Pop Tarts, hard boiled eggs, granola bars and juice boxes – will also be accepted.

Thank you for supporting this important effort to help the Salvation Army and the communities we serve.

**STAFF ADVISORY COUNCIL HELPS AREA HOMELESS POPULATION**

As part of the Mercy Staff Advisory Council’s (SAC) December meeting, the group bought supplies and assembled 30 bags for JOPPA, an outreach group that supports the Des Moines area’s homeless population. The bags included items such as flashlights, blankets, socks, toiletries, batteries, non-perishable food items and more.

Susan Schrader, Sr. Organizational Development Consultant, and Cory Ohorilko, SAC co-chair, delivered the bags to JOPPA.