Parents and babies in the Variety Neonatal Intensive Care Unit (NICU) at Mercy Children’s Hospital & Clinics can now snuggle in comfort thanks to a Des Moines Business Women’s Association (BWA) grant. The $3,000 grant allowed Mercy to purchase NüRoo Pockets. They are worn like a blouse and provide skin-to-skin contact – which has significant medical and psychological benefits for both the parent and his or her baby. The product functions like an infant carrier, but with enhanced safety designs making it a safe choice for use both within a hospital setting and at home. The NICU staff distributes the NüRoo Pockets to select parents who have babies weighing three pounds or less and who are typically hospitalized for a month or more. After discharge, parents can take the NüRoo Pockets home and use them for skin-to-skin contact.

Because of BWA’s generous support, Mercy is one of only a few hospitals in the nation to have NüRoo Pockets available for parents of premature infants. The Des Moines Business Women’s Association has supported a number of Mercy projects during the past seven years.

A mother of a NICU baby uses a NüRoo Pocket to provide skin-to-skin contact with her baby.
FREE FINANCIAL FITNESS PROGRAM FEB. 28-APR. 28

The Financial Fitness Group provides highly effective and confidential online financial training at no cost to you. With the Financial Fitness Academy®, it’s easy and fun to learn ways to improve your personal finances. This tool can teach you how to start:
• Making better financial decisions;
• Getting the most out of your paycheck;
• Building an emergency fund;
• Preparing better for the future;
• And much more.

Watch for a program link sent to your Mercy email from support@financialfitnessgroup.com. You will have access to more than 400 online tutorials, 24/7, on any browser. Each tutorial takes less than 30 minutes to complete. All participants who complete six modules within eight weeks will be entered into a drawing for a $50 Visa Gift Card (two will be awarded). For questions or additional information, please contact Susan Schrader with Human Resources at sschrader@mercydesmoines.org.

WHAT’S UP?

CONGRATULATIONS TO...

Haliey Shireman, 8 North, and Spencer, on the birth of their son, Nolan. Nolan Quinn was born on Jan. 26, and was welcomed home by Bennet, 3.

Kristine Wertz (Prosser), Health Information Management/Medical Records, and David, on the birth of their daughter, Rori. Rori was born on Jan. 28, and was welcomed home by Tyson, 6.

Kimberly Graham, Pharmacy, and David, on the birth of their daughter, Gemma. Gemma was born on Feb. 5, and was welcomed home by Gavin, 2.

SYMPATHY TO...

Jenna Priaulx, House of Mercy Childcare, on the death of her father.

Jerri Downs, Pain Center, on the death of her mother-in-law.

Ash Wednesday

The 40-day journey of prayer and reflection known as Lent begins next week on Ash Wednesday. To mark this occasion, members of the Catholic and other Christian faiths traditionally receive ashes on their foreheads as a reminder of the need for prayer and forgiveness to achieve eternal life.

Distribution of ashes will be offered at Our Lady of Mercy Chapel at both Mercy central campus and Mercy West Lakes. A Mass will also be offered prior to the midday distribution. All are welcome to attend. Patients on the central campus will be able to view the Mass on channel 4. Patients who wish to receive ashes can ask their nurse to contact Pastoral Care.

MARCH 1

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<tr>
<th>MERCY CENTRAL CAMPUS</th>
<th>MERCY WEST LAKES</th>
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ELECTRONIC HEALTH RECORD UPDATES AVAILABLE VIA THE NEW ONECARE APP

OneCare electronic health record (EHR) users who have iPhones and InsideCHI access (via login and password), can now view valuable information, including downtime notifications and updates, via the OneCare mobile app.

For a brief overview of the app, a video is available at https://youtu.be/DLLD_YdeXAQ. You may also view FAQs for specifics about the app and find instructions for downloading the app on Inside CHI. If you have questions or need help along the way, please call the CHI National Help Desk at 1-866-236-0441 and ask for a member of the Web apps team.

CONTACT US

The Bulletin is published weekly for staff and friends of Mercy Medical Center, 1111 6th Ave., Des Moines, Iowa 50314-2611

If you are interested in submitting information to be printed in the Bulletin, send it to PR and Marketing or call 515-247-3050.

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