MERCY COMFORT HEALTH CENTER FOR WOMEN OPENING APRIL 3

ACCESS TO WOMEN’S HEALTH SPECIALTY HEALTH CARE SERVICES will become a little easier next week when Mercy Comfort Health Center for Women opens its doors and begins accepting patients. The first center of its kind in Iowa, Mercy Comfort Health Center for Women offers a unique approach to women’s health care by combining traditional medical services with holistic, complementary services.

“The center is designed to address a variety of women’s health issues – including breast care, pelvic health, menopause symptom management and mental health,” said Valerie Stratton, D.O., NCMP, a physician at Mercy Comfort Health Center for Women. “Plastic and reconstructive surgery consultations, physical therapy, medical imaging, health screenings and assessments and complementary wellness services – including chiropractic care, massage therapy and acupuncture – will also be offered.”

The dedicated team of women’s health experts at Mercy Comfort Health Center for Women are all trained specifically in women’s health issues, and will serve as an extension of services offered by primary care providers to address the distinct health care needs of women. The team will work closely with primary care providers to ensure open communication regarding each patient’s diagnosis and treatment plan.

“Mercy’s long-standing tradition of providing services to meet the needs of the community began in 1893 when a group of women, the Sisters of Mercy, started the legacy that continues today,” said Leisha Barcus, director of

Mercy Comfort Health Center for Women. “With this new facility, we’re recognizing the opportunity to bridge the gap in women’s health care that can occur as women age by providing education and specialty health care services in one convenient location.”

This 34,000 square foot facility located in a newly renovated space within the Mercy West clinic building is comprised of multiple patient care areas, including 35 patient rooms and four procedure rooms. In addition to patient care areas, the center features a public education center, private changing areas, family consultation rooms and a conference room.

For more information about the specific services offered at Mercy Comfort Health Center for Women, visit mercydesmoines.org/women. To schedule an appointment, call (515) 222-7474.

MERCY CANCER CENTER TO SHOWCASE NEW TECHNOLOGY

Mercy Cancer Center Radiation Oncology is hosting an open house at its central campus location, 411 Laurel St., Ste. C100, from 5-6 p.m. on Thursday, April 6, to introduce and bless its new TrueBeam™ Radiotherapy System. You are invited to enjoy refreshments and view the new state-of-the-art linear accelerator, which features the latest radiotherapy technology available. Radiation Oncology staff will be on hand to answer questions about the new linear accelerator as well as other technology enhancements recently installed at the central campus and West Lakes Cancer Center locations.
STEP UP FOR NATIONAL WALKING DAY

Each year, the first Wednesday of April is deemed National Walking Day by the American Heart Association to remind people about the health benefits of taking a walk. This year, Mercy and Iowa Heart Center are local sponsors and encourage staff and the public to get out and walk on April 5 to promote physical activity and well-being. This year's theme is "Little Steps, Big Gains!"

If you register for the Heart Walk and donated at least $15, you will receive a team walking shirt to wear on April 5 and at the Heart Walk on April 22. Shirts may also be ordered by contacting Jennifer Wagner in the Wellness Center.

Mercy Central Campus
Walk with Mercy President Bob Ritz
April 5 at noon
Leave from 411 Laurel St., A level atrium

Walk with an Iowa Heart Provider
April 5 at 12:30 p.m.
Leave from 411 Laurel, A level atrium

Mercy West Lakes/Iowa Heart Center
West University
Walk with Sam Ayres, Market Director of Clinic Operations and Pamela Sigmund, PA-C
April 5 at 12:30 p.m.
Leave from Iowa Heart Center West University front entrance

If you have questions, please contact Jennifer Wagner at (515) 643-8659 or email jwagner@mercydesmoines.org.

REGISTER NOW FOR FREE RESEARCH SYMPOSIUM

The 12th Annual Research Symposium will be held on April 3, 2017, from noon to 4:30 p.m. at Mercy College, SC-102. The program, entitled Clinical Approaches to the Problem of Opioid Addiction, will feature Joan Beard, RN-BC, MSN, director of Mercy Medical Center Pain, Palliative Care and Sedation teams, as keynote speaker. Information, including how to register, is available at: http://www.mchs.edu/About-Us/Annual-Research-Symposium. The symposium is free to Mercy employees.

REMEMBER: WORKPLACE SURVEY ENDS APRIL 2

Your input is important and valued as we work to create a Remarkable Mercy Experience for everyone. Share your thoughts by completing our workplace survey. Your responses are completely confidential.

The survey takes approximately 10 minutes to complete. If you have not received an email with the link from “WorkplaceDynamics,” please check your spam or junk folder.

If you have any questions or concerns, please contact WorkplaceDynamics directly at (800) 749-0187 or reply to your survey email.

WHAT’S UP?

Congratulations to . . .
Courtney Lowry, Human Resources, and Steven, on the birth of their daughter, Emersyn Jo. Emersyn was born on Feb. 27, and was welcomed home by her sister Elliot, 20 months.

Robin Wiese, Sterile Processing, and James, on the birth of their daughter, Jasmine Marie. Jasmine was born on March 7, and was welcomed home by Harmony, 13, Phoebe, 10, and Randy, 5.

Adriana Norton, Mercy Clinics Family Medicine East Village, and Bill Mapes, on the birth of their son, Bentley Kristopher. Bentley was born on Feb. 27, and was welcomed home by Harley, 14, and Zander, 9.

Todd Eberle, Mercy Family Residency Program, and Kirsten, on the birth of their daughter, Charlotte Kathryn. Charlotte was born on March 23.

Sympathy to . . .
Tami Singleton, palliative care, on the death of her mother-in-law.

CONTACT US

The Bulletin is published weekly for staff and friends of Mercy Medical Center, 1111 6th Ave., Des Moines, Iowa 50314-2611

If you are interested in submitting information to be printed in the Bulletin, send it to PR and Marketing or call 515-247-3050.

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