Selfless service and MercyOne Values help meet statewide health need

Not all health conditions are easily seen. Yet, they can have a life-changing impact on the individual and those who love them most.

One such condition is behavioral health, which repeatedly rises to the top in community assessments as the greatest health care need – not only in Iowa – but nationally. MercyOne Des Moines pediatric psychiatrist Dr. Sasha Khosravi recognized this need and has devoted his career to bringing positive change to his patients’ quality of life and ways they receive care. His service through compassion, excellence and justice make him our Spirit of Mercy Award winner.

Colleagues know Dr. Khosravi as a tireless advocate for behavioral health. They say this guides his practice at MercyOne Des Moines Pediatric Neurology and Psychiatry Care and his involvement in the community. Dr. Khosravi has the gift of connecting with his patients at their level, to understand and bring about relief and healing. His compassion, reverence and commitment to justice also helps his work in minimizing behavioral health stigmas.

Dr. Khosravi has helped guide the development of MercyOne Des Moines’ behavioral health programs. He has taught medical students the science of psychiatry, as well as the importance of being human and welcoming when working with patients. He also shares the need to advocate. Colleagues say he saw the need for more psychiatrists in Iowa and the need for better health facilities for inpatient and outpatient care. His advocacy helped lead to the innovative development of the MercyOne Des Moines Psychiatry Residency Program and make the Clive Behavioral Health facility a reality.

Thank you Dr. Khosravi, for showing us the Mercy Values daily and sharing your compassionate caring nature with your patients and others.

St. Luke Award to recognize physician excellence

Nominate a physician who demonstrates clinical excellence and compassion.

We invite your nomination of such a physician for the new Society of St. Luke Award. This annual award is named for the patron saint of physicians, St. Luke. Only non-physician staff members can nominate a doctor who practices at MercyOne Des Moines or West Des Moines Medical Centers, or a MercyOne Central Iowa clinic location. A multi-disciplinary committee will select one winner.

Nominations are open Oct. 2–Oct. 11, 2019, and can be submitted online. The honoree will receive a plaque and additional recognition.

Nominations for Society of St. Luke Award are open Oct. 2–Oct. 11, 2019!
Serving the needs of organ donation

MercyOne Des Moines and West Des Moines Medical Centers play a significant role in organ donation. Together with the Iowa Donor Network (IDN), we honor the wishes of organ donors and their families by assisting with organ and tissue donation. The dedication of our trauma, emergency and critical care teams is resulting in an impactful 2019*:

- 18 organ donors, for an 89 percent brain death conversion rate (exceeds IDN benchmarks)
- 50 percent donation after cardiac death conversion rate (increase from 0 percent in 2017, 2018)
- 52 tissue donors, for a 62 percent tissue conversion rate (each donor can enhance 50-300 lives with gifts of musculoskeletal tissues, vascular tissues, heart valves and skin)

*As of Sept. 30, 2019

New Grand Avenue clinic now open

MercyOne Grand Avenue Family Medicine Clinic has moved to a new, larger location in West Des Moines. The clinic, which opened to patients on September 30, is a 10,000 square-foot facility located at 1525 Grand Avenue, next to Sacred Heart Catholic Church.

The clinic’s medical staff includes five family medicine providers, with capacity to add more providers in the future. Providers include Kim Leddin, DO; Ambrose Munro, MD; Baylee Davidson, ARNP; Nellie Simon, ARNP; and Lindy Nordstrom, ARNP.

“We are excited to be able to expand our services for our current and prospective clinic patients,” said Kyle Robertson, clinic director of operations. “The new building offers improved convenience, parking and functionality for patients and colleagues.”

The clinic is open Monday–Friday from 7:30 a.m. – 5 p.m., with walk-in acute care available from 8 a.m. – 4:30 p.m., each day. Appointments can be scheduled by calling 515-226-0112.

Stork Affair draws parents-to-be

The fall Stork Affair event was held on Saturday, Sept. 21, in the East Tower Auditorium. More than 300 people who are expecting, planning a family or are recent parents attended the event and participated in educational classes, tours of the birthing areas, car seat inspections, vendor fair and prizes.