In 2018-19, 793 colleagues from across MercyOne Central Iowa celebrated five or more years of service with the organization. It’s thanks to the unwavering commitment for helping and healing by colleagues like these, MercyOne proudly holds a reputation for quality and compassionate care.

Celebrating service anniversaries

Find photos and a full list of colleagues who celebrated a milestone this year on page 3!

Infection Prevention team recognized

The Infection Prevention team (pictured above) was recently recognized for their role in decreasing colo-rectal surgical site infections.

The MercyOne Des Moines Quality Management department routinely recognizes departments for excellent outcomes with quality metrics by delivering treats for the staff. Other departments that have been recognized in recent years include:

- **6N** – 100 percent compliance with all stroke core measures
- **Labor and Delivery** – 100 percent compliance with elective delivery core measure
- **8N** – 100 percent compliance with immunization core measure for first month of flu season
- **9S** – 100 percent compliance with immunization core measure for first quarter of flu season
- **8S** – 100 percent compliance with immunization core measure for first quarter of flu season
- **Floor 5** – 100 percent compliance with critical results documentation and timeliness
- **5S** – 100 percent compliance with VTE prophylaxis for five months and 100 percent critical lab documentation
- **5N** – 100 percent compliance with VTE prophylaxis for four months
- **NICU** – 100 percent compliance with NICU central line care from June 2016-August 2017
- **7S** – Zero CLABSI and zero CAUTI for calendar year 2017
- **Medication Reconciliation Techs** – 100 percent compliance with completion of patient’s home medication lists for six quarters
- **Transition Pharmacists** – Commitment to patient safety as they review patients’ discharge medication orders for any possible adverse drug events
- **7N** – Reduction in patient falls, including falls with major injury, from FY2017-FY2018
- **General Surgery Team and Pre-Surgery Team** – Initiation and implementation of Enhanced Recovery After Surgery (ERAS) program with significant reduction in colorectal surgery surgical site infections
- **Surgical Group** – Initiation and implementation of the ERAS program with significant reduction in colorectal surgery surgical site infections
Health Savings Accounts: seven key things to know now

The annual benefit enrollment period is coming soon, making it a good time to start learning about the options available for you and your family. Over the coming weeks, we will provide helpful information about the various benefits available to colleagues of MercyOne Central Iowa, starting with health savings accounts (HSA).

An HSA is associated with a high deductible health plan (HDHP). If you choose to enroll in the CHI HDHP with HSA, your HSA account will automatically be set up with administrator HealthEquity. Below are seven important things to consider when determining if an HSA is right for you.

1. You can choose to contribute part of your pay – before taxes are calculated – to your account.

2. The organization will also contribute to your HSA each pay period. For 2020, contributions will total $600 for individual coverage and $1,200 for all other coverage levels.

3. When you participate in the CHI Wellness Program, you also can have your earned wellness dollars deposited into your HSA.

4. You choose how to use your HSA funds – pay for current health care expenses or save your funds for future health care expenses, even in retirement.

5. Unused money in an HSA rolls over year to year, and your account goes with you if you change jobs or retire.

6. You earn interest on the money in your HSA, and if you have an account balance of more than $1,000, you can invest any balance over $1,000.

7. The total of your contributions, CHI contributions and any wellness incentive contributions combined, cannot exceed the Internal Revenue Service limits – $3,550 for an individual and $7,100 for a family during 2020.

Starting Sept. 25, you can find information related to annual enrollment on InsideCHI under "Well-Being," and use the health plan comparison tool for 2020, which will include updated plan rates for next year. If you have questions, you can also call the HR/Payroll Connection Contact Center at 844-450-9450.

OptumRx – New manager for a new year

Starting Jan. 1, 2020, OptumRx will be the new pharmacy benefit manager for colleagues (and spouses and dependents) enrolled in the CHI medical plan. There is no action required, and this does not change your benefits for 2019. Through the end of the 2019 calendar year, you may continue to fill your prescriptions at any MercyOne outpatient pharmacy, via CVS Caremark mail order, or at a CVS Caremark network pharmacy (based on plan design).

When we make the change to OptumRx, you will have access to a large network of retail pharmacies, including national chains and local pharmacies, as well as the ability to fill maintenance medications through mail order services. During the next few months, CHI and MercyOne will send additional information, so you can feel confident managing your medications.

To note:

- The benefit plan design is not changing. The coverage amount is not changing. However, the formulary list will be updated as it is every year, and you may see changes in cost because of that.

- In mid-to-late December, your medical plan administrator will send you a new medical card with updated pharmacy information.

- Specialty prescriptions must be processed through the CHI Health Specialty Pharmacy*.

*There may be situations in which CHI Health Specialty Pharmacy cannot fill your specialty medication. Should this occur, CHI Health Specialty Pharmacy will route the specialty medication prescription to OptumRx.

Save the date: Anniversary celebration

Join us to celebrate a decade of service of MercyOne West Des Moines Medical Center with games, face painting, food, prizes and fun!

Sunday, Sept. 8  |  3-5 p.m.
MercyOne West Des Moines Medical Center, Atrium, Level 1
This summer, service award celebrations were held in Des Moines to honor the 207 colleagues who have been with the organization for 20-plus years.

Celebrating service anniversaries

5 years

Manny Acheampong, Information Systems
Kusaundra Adams, Mercy College of Health Sciences
Kelita Agan, Mother and Baby Unit
Ahmad Al-Najjar, Des Moines Hospitalists
Justin Amick, Floor 8N-ENT-Diabetes-GEN
Gabriel Anders, Des Moines Internal Medicine Residency Program
Jane Andersen, Ankeny Briarwood Family Medicine Clinic
Jan-Michael Andresen, Des Moines Hospitalists
Amanda Anousis, Physician Billing Services
Juan Antonio-Garcia, Environmental Services
Aida Arriaga-Boyne, MercyOne House of Mercy
Stacey Baker, Floor 5N-Orthopedics
Stephanie Baker, Surgery
Megan Baldwin, Surgery
Natalie Balukoff, Ankeny Pediatrics Care Clinic
Kimberly Bauman, Des Moines Human Resources
Susan Bauman, Newton Emergency Care
Suzie Baumberger, Des Moines Human Resources
Scott Baysinger, Plant Operations
Souane Be-Johnson, Nutrition Services
Marissa Behrens, Cardiac Medical Intensive Care Unit
Andrea Bergdale, Cardiac-Trauma SICU
Jocelyn Berger, Inpatient Physical Therapy
Kayla Bernardino, Patient Education-Labor and Delivery Unit
Katherine Betz, Des Moines Imaging
Thomas Bik, Floor 9S-Telemetry
Marti Birchmier, Ankeny Family Medicine Clinic
Laura Bitar, MercyOne House of Mercy
Stacia Black, Indianola Family Medicine Clinic
Maksim Bledichenko, Cardiac Medical Intensive Care Unit
Heather Blutt, Des Moines Ambulance Service
Jessica Boatwright, South Des Moines Physical Therapy Clinic
Crystal Bouska, Emergency Care
Laura Bowshier, Waukee Family Medicine Clinic
Kara Boyer, Neonatal Intensive Care Unit
Lauren Brabeck, Pharmacy
Michelle Breeden, Ankeny Family Medicine Clinic
Cassidie Brimm, Perinatal Center
Margaret Broderick, East Village Family Medicine Clinic

Central Iowa
1111 6th Ave., Des Moines
James Brooks, Mercy College of Health Sciences
Kyle Brown, Des Moines Family Medicine Residency Program
Ryan Brown, Floor 7N-Telemetry
Treasa Brown, Switchboard Operations
Laura Brubaker, Floor 3N-Pediatrics
Leah Bruxvoort, Perinatal Center
Megan Bruxvoort, Newton Surgery
Megan Buck, Clive Endoscopy
Allison Burch, Progressive Care Unit
Kailey Bush, Labor and Delivery Unit
Christine Buske, Cardiac-Trauma SICU
Carissa Caldwell, Gastroenterology Care Clinic
Lauren Clark, Newton Emergency Care
Melanie Clark, Neonatal Intensive Care Unit
Yalonda Clark, Clive Family Medicine Clinic
Jamie Clemons, Iowa Heart Center West Des Moines
Jennifer Clinger, Urbandale Family Medicine Clinic
Stacey Clough, Community Health
Kylie Constant, Floor 7N-Telemetry
Jenny Cook, Neonatal Intensive Care Unit
Stacey Cooper, Mother and Baby Unit
Chelsea Crowdes, Des Moines Cancer Center
Rose Marie Cunion, Employee Health Services
Barbara Cupp, Mercy College of Health Sciences
Julie Currie, Cath Lab
Amanda Dahlstrom, Emergency Care
Leslie Dahly, Floor 5-Med-Surg
Ashlee Davis, Emergency Care
Cassandra Davis, Pleasant Hill Family Medical Clinic
Margarita De Alejandro, Neonatal Intensive Care Unit
Mark Dearden, Des Moines Geriatric Care
Maria Decker, Iowa Heart Center Des Moines
Hannah Dengler, Newton Surgical Care
Kelli Deutmeyer, Cardiac-Trauma SICU
Jill Dewey, Utilization Management
Erin Dietz, Emergency Care
Medeja Donagic, Des Moines Behavioral Health Care
Kim Dorn, Pleasant Hill Family Medicine Clinic
Candice Doss, Floor 3N-Pediatrics
Alexandria Doyle, Iowa Heart Center Fort Dodge
Amy Draisey, Central Iowa Clinically Integrated Network
Rhonda Edwards, Pharmacy
Courtney Eivins, Des Moines Imaging
Emily Ellenwood, Perinatal Center
Jennifer Ellis, Floor 6N-Neurology
Yasmin Eltom, Nutrition Services
Amie Fedders, Floor 4-Med-Surg
Erica Fielder, Emergency Care
Crystal Filippelli, Pediatric Intensive Care Unit
Amy Fisher, Floor 8N-ENT-Diabetes-Gen Surg
Sara Fitch, Indianaola Family Medicine Clinic
Jered Flinkman, Des Moines Behavioral Health Care
Linda Foote, OneCare
Pamela Forrest, Clive Sleep Center
Imad Francis, Clive Family Medicine Clinic
Barivure Fulbel, Floor 8S-Oncology
Mackenzie Fullerton, Cardiac Medical Intensive Care Unit
Linda Fulton, Iowa Heart Center Des Moines
Isaac Galaviz Cortez, Floor 7N-Telemetry
Lacey Galetich, Perioperative Services
Kari Gates, Emergency Care
Marty Genz, MercyOne Population Health Service Organization (PHSO)
Colleen Geyer, Des Moines Surgical Group
Jeflyn Gilman, Clive Pediatrics Care Clinic
Claudia Gilson, Floor 6N-Neurology
Emily Glick, Des Moines Auxiliary
Linda Godlewski, Des Moines Behavioral Health Care
Maria Gomez, Nutrition Services
Danniele Goodell, Iowa Heart Center Marshalltown
Hannah Gonnerman, Resource Pool
Michele Granada, Critical Care and Pulmonology
Jacquelyn Gravett, Des Moines Neurosurgery
Nicole Green, Floor 5S-Surgery
Melissa Greer, Des Moines Trauma Center
Carolina Guschin, Clive Family Medicine Clinic
Edward Haase, Cath Lab
Brenda Hair, Adel Family Medicine Clinic
Karna Hamilton, Newton Patient Registration
Alison Hansen, Intensive Care Unit
Daniel Hansen, Des Moines Behavioral Health Care
David Hardy, Transportation
Korto Harris, Floor 3N-Pediatrics
Steven Hart, Mercy College of Health Sciences
Liz Heimdal, Floor 4-Med Surg
Veronica Henderson, Perinatal Center
Stacie Henwood, Newton Surgical Care
Jocelyn Hermanson, Medical Staff Services
Cassy Herold, Perioperative Services
Sharon Hoebelheinrich, Newton Fiscal Services
Juliana Kuklin Hoffman, Inpatient Physical Therapy
Kayla Hoffman, Emergency Care
Dylan Horton, Pharmacy
Patricia Howe, Des Moines Mammography
Cassandra Perrault, Des Moines Imaging
Doris Peterson, Patient Relations
Kevin Peterson, Indianola Pediatrics Care Clinic
Robert Peterson, Des Moines Imaging
Cindy Peterson, Physician Billing Services
Kelly Phann, Emergency Care
Jane Phillips, Health and Fitness Center
Roxanne Philipp, Des Moines Surgical Group
Al Huong Phu, Clive Physical Medicine and Rehab
Paul Pierson, Des Moines General Surgery Residence Program
Kristi Porter, Pharmacy
Lisa Reed, Iowa Heart Center West Des Moines
Paige Reed, Des Moines Endoscopy
Cassandra Reese, Surgery
Janaan Reeves, Iowa Heart Center West Des Moines
Michelle Reid, Floor 6N-Neurology
Casey Rice, Critical Care and Pulmonology
Danielle Rice, Surgery
Megan Ridgely, Health and Fitness Center
Michelle Riesberg, Des Moines Neurosurgery
Shawna Ritchie, Floor 6N-Neurology
Chandra Rizal, Des Moines Pediatrics Care Clinic
Austin Robinson, Perioperative Services
Angelica Rodriguez, Floor 4-Med-Surg
Amy Rollinger, Mercy College of Health Sciences
Jennifer Rouse, Inpatient Physical Therapy
Patti Rouse, Des Moines Imaging
Wendi Roush, Clive Sleep Center
Amber Russell, Emergency Care
Fabiola Sandoval Moreno, Labor and Delivery Unit
Jami Sawyer, Des Moines Imaging
Kelsey Scavo, Des Moines Riverside Rehabilitation
Deloris Scharf, Switchboard Operations
Megan Schippers, 8N-ENT-Diabetes-Gen Surg
Emily Schmitz, Hematology
Jennifer Schnell, Children's Hospital Emergency Care
Brenda Schoen, Johnston Pediatrics Care Clinic
Samuel Schone, Des Moines Orthopedics Care
Jodee Schumacher, Des Moines Executive Health
Katherine Scott, Mercy College of Health Sciences
Melissa Scott, Pediatrics Specialty Care Clinic (Gastroenterology)
Cheryl Sease, Iowa Heart Center West Des Moines
Sydney Shaffer, Mother and Baby Unit
Brian Sharff, Cardiac Rehab
Sidney Sheerin, Floor 5-Med-Surg
Kristen Shelton, Des Moines Imaging
Jessica Shnurman, Surgery
Maria Silva Reyes, Nutrition Services
Christine Sinclair, Clive Family Medicine Clinic
Tara Smit, Radiation Oncology
Justin Smith, Plant Operations
Melissa Smith, Cardiac-Trauma SICU
Kelly Snitker, Physician Billing Services
Teva Spaur, Iowa Heart Center Des Moines
Lisa Stackhouse, Floor 5N-Orthopedics
Nancy Steingreaber, Newton Cardiac Rehab
Megan Stephens, Beaverdale Family Medicine Clinic
Samantha Stephenson, Resource Pool
Allison Stewart, Pediatric Specialty Care Clinic
Elizabeth Struble, Des Moines Pediatric Care Clinic
Sarah Studer, Labor and Delivery Unit
Manda Sundberg, Resource Pool
Nghi Dung Surber, Nutrition Services
Erin Swenka, Johnston Family Medicine Clinic
Abigail Swift, Children's Hospital Emergency Care
Nichole Tarrence, Iowa Heart Center Ottumwa
Beth Teno, Ottumwa Family and Internal Medicine Clinic
Maggie Thomas, Floor 7S-Telemetry
Joseph Truong, Pharmacy
Stefanie Trout, Newton Pharmacy
Misty Turner, Indianola Family Medicine Clinic
Kyle Ulveling, Iowa Heart Center Carroll
Alisha Urich, Central Iowa Clinically Integrated Network
Robert Ussery, Perioperative Services
Kylee Valenzuela, Clive Family Medicine Clinic
Hannah Vasey, Floor 8N-ENT-Diabetes-Gen Surg
Marcia Vaske, Urbandale Internal Medicine Clinic
Brittany Vaske, Floor 8N-ENT-Diabetes-Gen Surg
Sydney Veenstra, Resource Pool
Kelsey Verhuel, Cath Lab
Erick Vespestad, Emergency Care
Keith Wachter, Des Moines Laboratory
Robert Wagner, Transportation
Yu-Hsuan Wang, Des Moines Hospitalists
Megan Ware, Inpatient Physical Therapy
Alicia Warner, Physician Billing Services
Michelle Wauters, Newton Imaging
John Webb, Pharmacy
Lindsay Weber, Perry Family Medicine Clinic
Lisa Wegman, Floor 7N-Telemetry
Michael Wegner, MercyOne System Services
Michelle Wehmeyer, Physician Billing Services
Jessica Weitzman, Des Moines Imaging
April Welch, Pharmacy
Karla West, Emergency Care
Lisa Whitaker, Transfer Center
The Bulletin

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Central Iowa
1111 6th Ave., Des Moines

MercyOne.org/desmoines

Ashley Whiton, Des Moines Laboratory
Susan Wickham, Mercy College of Health Sciences
Kristin Williams, Perinatal Center
Caitlin Wilson, Floor 7S-Telemetry
Lynda Wilson, Patient Accounting Services
Julia Wilson, Floor 4-Med-Surg
Ricky Wittrock, Iowa Heart Center Carroll
Kendall Wood, MercyOne Air Med
Sarah Woods, Neonatal Intensive Care Unit
Esmirlda Yeremeyeva Henderson, Des Moines Neurosurgery
Scott Young, MercyOne Air Med
Emily Youngers, Pleasant Hill Urgent Care Clinic
Yana Zaghiyani, Des Moines Imaging
Jorge Zapater, Gastroenterology Care Clinic
Alma Zilic, Cardiac Medical Intensive Care Unit

10 years
Shelly Aanrud, Des Moines Psychiatry Hospitalists
Jennifer Abler, Pleasant Hill Family Medicine Clinic
Aneesa Afroze, Critical Care and Pulmonology
Laurie Albert-Conner, Newton Medical Center Administration
Robin Allen, Mother and Baby Unit
Glenda Archilo, Environmental Services
Margaux Beckett, Perinatal Center
Randi Belling, Johnston Pediatrics Care Clinic
Sally Bennett, Pleasant Hill Family Medicine Clinic
Kelsey Bieghler, Resource Pool
Pamela Boge, Urbandale Internal Medicine Clinic
Jacci Borchers, Floor 7S-Telemetry
Amy Bush, Pleasant Hill Family Medicine Clinic
Angelica Calcins, Iowa Heart Center West Des Moines
Sandrad Christensen, MercyOne
Allyson Conn, Pharmacy
Louise Convery, Internal Medicine Residency Program
Bonnie Crady, Iowa Heart Center Des Moines
Mirsada Dedic, Perioperative Services
Joann De Hann, Des Moines Imaging
Susan Dennis, Emergency Care
Betsy Dettman, Waukee Express Care Clinic
Allison Dietrich, Infection Prevention
Ashley Dominguez, Floor 6N-Neurology
Sean Dority, Des Moines Cancer Center
Alyssa Downing, Des Moines Plastic and Reconstructive Surgery
Amy Engle, Newton Pharmacy
Jami Enright, Clinical Decision Unit
Lindsey Eschen, Nursing Education
Stefani Eschelman, Iowa Heart Center Ames
Lauren Figland, Des Moines Imaging
Ellen Finestead, MercyOne Children's Hospital
Melissa Forkner, Des Moines Midwives
Janielee Foster, Indiana State Physical Therapy Clinic
Cass Franklin, Surgery
Jan Franko, Des Moines Surgical Group
Linda Gatlin, Iowa Heart Center Ottumwa
Lindsey Gilbert, Perioperative Services
Lola Gish, Environmental Services
Lisa Glenn, Cardiac Medical Intensive Care Unit
Tammy Goldhorn, Des Moines Endoscopy
Marie Gowey, Panora Family Medicine Clinic
Ashley Greif, Clive Family Medicine Clinic
Shawna Gunn, Patient Flow Operations
Emily Hagen, MercyOne Air Med
Melissa Hall, Perinatal Center
Nicole Hall, Perioperative Services
Amy Halsted, MercyOne House of Mercy
Micah Hardy, Des Moines Imaging
Natti Hill, Indiana State Physical Therapy Clinic
Ty Hobbs, MercyOne Air Med
Lucia Hoeness, Beaverdale Family Medicine Clinic
Jerry Hull, Patient Transport
Tara Hyde, Iowa Heart Center West Des Moines
Jon Illian, Des Moines Ambulance Service
Edin Imisirovic, Floor 4-Intensive Care Unit
Erin Jenkins, Intensive Care Unit
Shea Jensen, Iowa Heart Center West Des Moines
Julie Johnson, Iowa Heart Center Ottumwa
Michelle Jones, Medical Group Central Iowa
Candace Jordan, Pharmacy
William Kasik, Transportation
Christos Kassiotis, Iowa Heart Center Des Moines
David Keagle, Pharmacy
Lisa Keegel, Perinatal Center
Ryan Knight, Radiation Oncology
Justin Koenigsfeld, Des Moines Ambulance Service
Sven Larsen, Floor 4-Intensive Care Unit
Shelly Larson, Pharmacy
Emily Lynch, Newton Mother and Baby Unit
Mudassir Malik, Iowa Heart Center Ottumwa
Jayne Maxey, Clive Internal Medicine Clinic
Kimberly McClatchey, Waukee Family Medicine Clinic
Christine McCormick, Mercy College of Health Sciences
Margaret McMahon, Inpatient Physical Therapy
Dana McQuiston, Cardiac Medical Intensive Care Unit
Veronica Mendoza, Iowa Heart Center West Des Moines
Kathy Melding, Iowa Heart Center Ottumwa
Megan Mercer, Iowa Heart Center Ottumwa
Kathy Merrill, Des Moines Midwives
Elizabeth Miller, Des Moines Bariatric Surgery
Chandan Mitra, Des Moines Internal Medicine Residency Program
Tara Moynihan, Perioperative Services
Vlasta Mujanovic, Pharmacy
Megan Murphy, Iowa Heart Center West Des Moines
Barbara Nelson, Clive ENT Care Clinic
Jessica Nesheim, Pharmacy
Joshua Neville, Resource Pool
Terry Newbury, Des Moines Behavioral Health Care
Sarah Nielsen, Des Moines Ambulance Service
Thao Nguyen, Environmental Services
Kelli Oetzmann, Iowa Heart Center West Des Moines
Jacie Palizzolo, Floor 5-Med-Surg
Gia Paris, Neonatal Intensive Care Unit
Rose Parker, South Des Moines Family Medicine Clinic
Kelly Peacock, Indianola Family Medicine Clinic
Katherine Popp, Surgery
Tonnie Ratzesberger, Ankeny Family Medicine Clinic
Darci Reis, Cardiac Medical Intensive Care Unit
Craig Rodgers, Pleasant Hill Physical Therapy Clinic
Catherine Rook-Roth, East Village Family Medicine Clinic
Karen Roos, Des Moines Diabetes Education
Julie Rose, Mercy College of Health Sciences
Monica Roy, Labor and Delivery Unit
Terrie Russell, Des Moines Hospitalists
Laura Salgado, Iowa Heart Center West Des Moines
Francis Sapanhila, Des Moines Hospitalists
Rakshak Sarda, Iowa Heart Center Ames
Naomi Sawe, Floor 8S-Oncology
Kristine Schmidt, Pediatric Intensive Care Unit
Nicole Schmidt, Floor 7N-Telemetry
Deborah Schutz, Iowa Heart Center Des Moines

Jenna Seals, Newton Surgical Care
Brandon Shelman, Des Moines Imaging
Sharon Shipley, Clive ENT Care Clinic
Dierdre Simmons, Des Moines Riverside Rehabilitation
Barbara Smith, Des Moines Behavioral Health Care
Debra Strope, Des Moines Wound Care
Jill Stuart, Iowa Heart Center West Des Moines
Amy Summy, Newton Emergency Care
Crystal Tallman, Des Moines Cancer Center
Rachel Thompson, Floor 7S-Telemetry
Toni Vanderpool, Centralized Monitoring
Michael Van Niewaal, Des Moines Ambulance Service
Amanda Van Wyk, Iowa Heart Center Des Moines
Kristie Viet, Cath Lab
Scott Webb, Environmental Services
Brittany Weg, Labor and Delivery Unit
Terri Weis, Nutrition Services
Jennifer Westly, Floor 4-Intensive Care Unit
Allison White, Child Life-Des Moines Imaging
Kara Wiese, Central Iowa Clinically Integrated Network
Andrea Wilcox, Mercy College of Health Sciences
Barbara Wisnieski, Des Moines Cancer Center
Jennifer Young, Pediatric Neurology and Psychiatry Care

15 years
Kathryn Balmer, Mercy College of Health Sciences
Joshua Bergman, Des Moines Imaging
Nicole Birkett, Iowa Heart Center Des Moines
Michael Blaess, Des Moines Internal Medicine Clinic
Patrick Bliss, Pastoral Care
Carol Bogen, Iowa Heart Center Des Moines
Rose Briggs, Physician Billing Services
Jennifer Kay Britten, Iowa Heart Center Ames
Maureen Burke, Neonatal Intensive Care Unit
Sean Chicoine, Resource Pool
Kim Clark, Floor 7N-Telemetry
Chuong Cole, Nutrition Services
Tomi Cooney, Iowa Heart Center West Des Moines
Maxwell Cosmic, Critical Care and Pulmonology
Lisa Croat, Mercy College of Health Sciences
Pam Culbertson, Hematology
Sean Cummins, Des Moines Imaging Services
Jill Davis, Floor 4-Intensive Care Unit
Renee De Vore, Des Moines Imaging
Jennifer Dickson, Medical Group Central Iowa
Karen Downs, Clive Family Medicine Clinic
Kim Drzcimski, Iowa Heart Center Fort Dodge
Charlotte Duoblys, Des Moines Laboratory
Cam Dzounq, Supply Chain
Sarah Eason, Des Moines Trauma Center
Jude Enos, Medical Education
Danika Evans, Pain Management
Susan Flaherty, Clive Pediatrics Care Clinic
Ashley Foster, Newton Mother and Baby Unit
Angela Goodrich, Iowa Heart Center West Des Moines
Christine Greaves, Iowa Heart Center West Des Moines
Megan Gripp, Resource Pool
Kathlene Grubbs, Mother and Baby Unit
Nermina Hajdarevic, Mother and Baby Unit
Janna Hansen-Nolin, Inpatient Physical Therapy
Amy Hartz, Ankeny Pediatric Care Clinic
Jennifer Hassett, Perioperative Services
Tracie Heckinger, Indianola Family Medicine Clinic
Marcia Hendricks, MercyOne
Michael Herring, Floor 6N-Neurology
Trina Hindley, Floor 3N-Pediatrics
Cristina Holtorf, Cardiac-Trauma SICU
Gary Hoskins, Supply Chain
Melody Hutton, Neonatal Intensive Care Unit
Kristin Johnson, Des Moines Imaging
Kathy Johnson, South Des Moines Family Medicine Clinic
Sanja Jasipovic, Pharmacy
Melissa Keast, West Des Moines Occupational Health Clinic
Trudy Kelley, Pleasant Hill Family Medicine Clinic
Matthew Klein, Educator-MercyOne Air Med
Dan Knapp, Clive Family Medicine Clinic
Alicia Knight, Clive Physical Medicine and Rehabilitation
Andrea Knoll, Des Moines Imaging
Dori Knowlton, MercyOne House of Mercy
Kelly Kraska, Iowa Heart Center West Des Moines
Terra Lacina, Floor 3N-Pediatrics
Pamela Lacona, Pediatrics Specialty Care Clinic (Gastroenterology)
Brenda Lawyer, Surgery
Tamra Lazenby, Panora Family Medicine Clinic
Keri Lee, Iowa Heart Center Des Moines
Rene Lucha, Pharmacy
Jenny Mackrill, Intensive Care Unit
Neil Mandsager, Perinatal Center
Cosmic Maxwell, Critical Care and Pulmonology
Christine McCarty, Des Moines Imaging
Jennifer McCawley, Radiation Oncology
Ann McGinn, Nutrition Services
Suzanne McIntosh, Central Iowa Clinically Integrated Network
Holli McKeever Birkenholtz, Resource Pool
Robert McKinney, Des Moines Hospitalists
Rhonda McNeill, Des Moines Imaging
Kate Merical, Surgery
Jeannie Miller, Pleasant Hill Family Medicine Clinic
Jocelyn Mishler, Cath Lab
Amy Mitchell, Ankeny Prairie Trail Family Medicine Clinic
Judith Monroe, Mercy College of Health Sciences
Joseph Moravec, Mercy College of Health Sciences
Kari Moser, Des Moines Imaging
Allison Moses, Floor 7N-Telemetry
Christy Nelson, West Des Moines Occupational Health Clinic
Andrea Oswald, Iowa Heart Center Fort Dodge
Mary Pandori, Physician Billing Services
Mary Podrebarac, Floor 5S-Med-Surg
Mary Pope, Intensive Care Unit
Monica Reed-Tremmel, Des Moines Imaging
Melissa Reschly, Intensive Care Unit
Brynn Richardson, Clive Endoscopy
Laura Rizer, Neonatal Intensive Care Unit
Christina Robinson, Floor 7S-Telemetry
Susan Rühneke, Administration
Dallas Sanders, Des Moines Internal Medicine Clinic
Cal Schwandt, Pharmacy
Annette Sheets, Newton Imaging
Hong Shen, Hematology
Zehra Sikiric, Beaverdale Family Medicine Clinic
Dawn Simmons, Surgery
Kellie Smith, Inventory Tech 8N-ENT-Diabetes-Gen Surg
Helen Smith, Floor 8S-Oncology
Tiffany Smith, Central Iowa Clinically Integrated Network
Katy Stonehocker, Cardiac-Trauma SICU
Candice Strickler, Des Moines Hospitalists
Mary Stuchel, Ottumwa Family and Internal Medicine
June Talsma, Iowa Heart Center West Des Moines
Tara Thornton, Neonatal Intensive Care Unit
Teresa Tibbetts, Iowa Heart Center Des Moines
Loc Tran, Supply Chain
Melanie Troster, Perioperative Services
Niki Tucker, Des Moines Plastic and Reconstructive Surgery
Jamie Tyler, Emergency Care
Laura Vanden Bosch, Public Relations and Marketing
Daniel Varnum, MercyOne
Stephanie Wagler, Medical Group Central Iowa
Jamie Welch, Iowa Heart Center Des Moines
Sara Williams, Floor 5N-Ortho
Laura Wilwerding, Des Moines Imaging
Dennis Wingfield, Plant Operations
Leah Woods, Rehab Therapy Services
Angela Young, Iowa Heart Center West Des Moines

20 years
Debbie Bartley, Environmental Services
Kathren Beener, Floor 6N-Neurology
Penny Birt, OneCare
Cindy Blubaugh, Iowa Heart Center West Des Moines
Gerald Bouslog, South Des Moines Physical Therapy Clinic
Shalini Branson, Floor 7N-Telemetry
Philip Bryant, Johnston Family Medicine Clinic
Ramona Casner, Indianola Family Medicine Clinic
Illa Chandani, Pleasant Hill Family Medicine Clinic
<table>
<thead>
<tr>
<th>Name</th>
<th>Department or Unit</th>
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<tbody>
<tr>
<td>Kent Chapman</td>
<td>Environmental Services</td>
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<tr>
<td>Philip Colletier</td>
<td>Radiation Oncology</td>
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<tr>
<td>Michelle Davis</td>
<td>Respiratory Therapy</td>
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<tr>
<td>Jane DeGooyer</td>
<td>Mercy College of Health Sciences</td>
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<tr>
<td>Janet Dix</td>
<td>Carlisle Family Medicine Clinic</td>
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<tr>
<td>Amy Dushane</td>
<td>Iowa Heart Center Des Moines</td>
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<tr>
<td>Lisa Erb</td>
<td>Floor 8S-Oncology</td>
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<tr>
<td>Kristen Ernsperger</td>
<td>Mother and Baby Unit</td>
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<tr>
<td>Angela Frohwein</td>
<td>Radiation Oncology</td>
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<tr>
<td>Jeanne Giddings</td>
<td>Beaverdale Family Medicine Clinic</td>
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<td>Marti Gihring</td>
<td>Iowa Heart Center Des Moines</td>
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<td>Angel Grimm</td>
<td>Des Moines Imaging</td>
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<tr>
<td>Michelle Hamilton</td>
<td>Floor 5S-Med-Surg</td>
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<tr>
<td>Jennifer Haugen-Naylor</td>
<td>Mother and Baby Unit</td>
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<tr>
<td>Lilia Hickey</td>
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**25 years**

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Michael Harvey, South Des Moines Family Medicine Clinic
JoEllen Heims, Carlisle Family Medicine Clinic
Cheryl Hochstein, Clive Physical Therapy Clinic
William Howard, Des Moines Pediatrics Care Clinic
Robert Hoyt, Iowa Heart Center West Des Moines
Denise Johnson, Surgery
Jill Kesterson, Ankeny Family Medicine Clinic
Kellie Long, Indianola Family Medicine Clinic
Marcia McGrew, East Village Family Medicine Clinic
Claudia Melton, Respiratory Therapy
Jennifer Mockus, Iowa Heart Center Des Moines
Stephan Nowak, Ankeny Family Medicine Clinic
Ronald Pick, Urbandale Family Medicine Clinic
Kimberly Piper, Respiratory Therapy
Patricia Reliford, Iowa Heart Center Des Moines
Tamara Risen Trinder, Des Moines Pediatrics Care Clinic
Trevi Sandin, Ankeny Pediatrics Care Clinic
Sara Schutte-Schenck, Ankeny Pediatrics Care Clinic
Cathy Seymour, Iowa Heart Center West Des Moines
Lisa Shaw, Pharmacy
Amy Slezak, Perioperative Services
Sandi Stogdill, Iowa Heart Center Ames
Judith Watkins, Carlisle Family Medicine Clinic
Janet Whitney, Mercy College of Health Science

Kecia Cowden, Des Moines Hospitalists
Darcy Darrah, Emergency Care
Laurence Deskin, Transport Services
Karen Fachman, Iowa Heart Center West Des Moines
Dawn Fisher, Environmental Services
Joel From, Iowa Heart Center Des Moines
Romana Garcia, Environmental Services
Lori Gardner, Carlisle Family Medicine Clinic
Regina Gedler, Des Moines Surgical Group
Jayne Goos, Newton Physical Medicine and Rehabilitation
Mary Hart, Indianola Family Medicine Clinic
Brenda Hedgecock, Ruan Neurology Care
Elizabeth Hess, Perioperative Services
Ann Hirth, Emergency Care
Kristin Hunt, Iowa Heart Center West Des Moines
Dawn Kaduce, Urbandale Family Medicine Clinic
Shelly Kaldenberg, Iowa Heart Center West Des Moines
Valerie Kiger, Des Moines Imaging
Rita Klosterman, Ankeny Prairie Trail Family Medicine Clinic
Michael Linn, Des Moines Imaging
Andrea Lundberg, Labor and Delivery Unit
Dorothy Marvin, Cath Lab
Shari McMain, Transplant Services
Deborah Medici-Feick, Perry Family Medicine Clinic
Mary Anne Miner, Iowa Heart Center West Des Moines
Susan Miranda, Histology
Angela Mortoza, Dallas County Hospital
Rick Mortoza, Resource Pool
Michelle Neyens, Quality Management
Roxanne Oliver, Labor and Delivery Unit
Sheila Paterno, Labor and Delivery Unit
Joan Phillips, Indianola Family Medicine Clinic
Debra Reece, Purchasing
Kris Sandon, Iowa Heart Center West Des Moines
Diane Siglin, Des Moines Endoscopy
Melody Steilen, Waukee Family Medicine Clinic
Julie Suiter, Pharmacy
Pattie Thomas, Respiratory Therapy
Melody Wallace, Perinatal Center
Marjorie Whiting, Clive Family Medicine Clinic
Lisa Williams, Pediatric Neurology and Psychiatry Care

35 years
Lois Alberston, Mercy College of Health Sciences and Surgery
Diane Hill, Supply Chain
Robert Karpan, Des Moines Imaging
Karla Kerr, Cath Lab
Paula Love, Labor and Delivery Unit
Diane Peterson, Ankeny Briarwood Family Medicine Clinic
Victoria Ruby, Ottumwa Family and Internal Medicine Clinic
Lisa Smith, Surgery
Kathy Stiner, Pleasant Hill Family Medical Clinic

40 years
Patricia Allen, Floor 3N-Pediatrics
Joan Beard, Pain Management
Nancy Bellville, Oncology
Sandra Bloem, Intensive Care Unit
Barbara Bostwick, Neonatal Intensive Care Unit
Christina Buettner, Patient Flow Operations
Jill Cooley, Clinical Decision Unit
Sabrina Davis, Nutrition Services
Roxanne Ehlers, Des Moines Endoscopy
Mary Fox-Toriello, Clive Pediatrics Care Clinic
Mary Jane Ihnen, Des Moines Internal Medicine Clinic
Marcia Krois, Mother and Baby Unit
Teresa Long, Surgery
Elizabeth May, Medical Group Central Iowa
Teresa Mowrer, Mother and Baby Unit
Marilyn Newton, Centralized Scheduling
Thanh Nguyen, Perioperative Services
Kathleen Olmstead, Floor 8S-Oncology
William Stirler, Plant Operations
Debra Sweeney, MercyOne System Services

45 years
Jill Abraham, Ambulatory Surgery
Donita Craft, Purchasing
Mary Schemmel, Mercy College of Health Sciences
Ronald White, Pharmacy

50 years
Pamela Pertzborn, Neonatal Intensive Care Unit