Des Moines Laboratory Update

Date: March 10, 2020

Viral Respiratory Culture
Effective immediately, Mayo Clinical Laboratory has discontinued the viral respiratory culture, VRESP. This test will now be sent to Quest Diagnostics.

**Test Name:** Viral Respiratory, Rapid culture with Reflex  
**Performing Laboratory:** Quest Diagnostics  
**Acceptable Specimens:** Nasopharyngeal swab or fluid placed into Viral Transport Medium  
**Minimum Volume:** If sending fluid - equal volume of fluid to equal volume transport medium.  
**Transport temperature:** Refrigerated to MercyOne Des Moines Laboratory who will freeze for transport to Quest Diagnostics (<= -70° C)  
**CPT:** 87254  
**Client List Price:** $100.00  
**Patient/Insurance Price:** $100.00  
**Notes:** Please order a Miscellaneous test and comment “Viral Respiratory Culture, send to Quest”. If positive, additional identification and charges will apply.

Enterovirus, Molecular Detection
Effective immediately, Mayo Clinical Laboratory is no longer accepting respiratory specimens for the Enterovirus, Molecular Detection test (LENT). Upper respiratory specimens can be tested using the Biofire Respiratory Panel which is performed at MercyOne Des Moines Laboratory.

B-Natriuretic Peptide, BNP

The specimen stability requirements for the BNP test have changed. The stability for a whole blood sample was previously 7 hours, now is 24 hours.

- Draw sample in an EDTA Lavender top tube and mix well.  
- **Whole blood is stable for 24 hours, refrigerated.**  
- If specimen will be received at MercyOne Des Moines Laboratory more than 24 hours from collection time, spin tube, aliquot plasma and freeze.

Thank you for choosing MercyOne Des Moines Laboratory.