LSVT BIG AND LOUD

Mercy Medical Center offers Lee Silverman Voice Treatment (LSVT®) BIG and LOUD Therapy to empower those living with Parkinson’s disease to move more independently and to speak with greater volume in order to be better understood.

Patients with Parkinson’s disease often experience tremors, slow movement, impaired balance, freezing and stiffness. These symptoms can interfere with the ability to perform activities of daily living. Declining vocal strength, muffled speech and difficulty swallowing can create problems with communication and eating. Studies have shown patients with Parkinson’s disease at any stage can benefit from intensive rehabilitation.

LSVT BIG and LSVT LOUD are especially effective soon after the disease is diagnosed but can be utilized at any stage of the disease. LSVT BIG and LOUD can help people with other conditions too, such as stroke, multiple sclerosis, multiple systems atrophy, cerebral palsy, and even Down syndrome.

Mercy physical therapists in Dubuque, Dyersville, and Cascade are certified in the LSVT BIG treatment approach. Speech-language pathologists in Dubuque and Dyersville are certified in LSVT LOUD.

LSVT BIG and LSVT LOUD are intense, amplitude-based programs that include physical and/or speech therapy over a period of four weeks.

Patients have demonstrated dramatic improvements in balance and speed of movement in walking and daily living tasks after participating in LSVT BIG. Outcomes show that 90 percent of patients improve vocal loudness following treatment with a majority maintaining improvement for 12 to 24 months after treatment with LSVT LOUD.

If a patient is not a candidate for LSVT BIG and/or LSVT LOUD, a less intensive traditional therapy schedule can be arranged.

To schedule a patient, please call:
- Dubuque – (563) 589-9035
- Dyersville – (563) 875-2923
- Cascade – (563) 852-7871