THE CHALLENGE
52-year-old female reevaluated on December 27th with third episode of a reoccurring neuropathic ulceration this past year to the right plantar first metatarsal. Ulcer began again on December 15th, even with her wearing new custom orthotic inserts.

THE SOLUTION
Healing Course: Patient with complete loss of protective sensation via monofilament testing. Pes cavus noted with loss of fat pad along metatarsal head and extensive callous with full thickness ulcer to first metatarsal. Perfusion of the lower extremity was excellent per ABI/TBI testing. X-ray normal. Started total contact casting (TCC) January 8th for offloading. Weekly TCC changes, debridement, local wound care (topical collagen based dressing to reduce matrix metalloproteinase inhibitor production (MMP), hydrofiber with silver for wound drainage absorption and foam).

THE RESULTS
Ulcer resolved in 4 weeks. Additional week of TCC used to protect newly healed neuropathic ulcer until custom inserts were modified by certified orthoptist.

WHAT OUR PARTNERS ARE SAYING:

I refer patients to the Vascular & Wound Center because they provide exceptional quality care. They offer prompt appointments and better healthcare outcomes for my patients. I recommend providers refer those with varicose veins, lymphedema, Peripheral vascular disease (PVD) / leg swelling, and edema to this wonderful team. My patients’ lives are improved after receiving care at the Vascular & Wound Center. They are able to be more active and live functional lives.

Shumaila Masood, M.D., Mercy Family Clinic – Regency

Mercy North Iowa’s Vascular and Wound center is an invaluable healthcare resource. My patients receive excellent care from knowledgeable and compassionate professionals who improve people’s quality of life.

Jean Eichmeier, PA.,
Mercy Family Clinic – Forest Park

Mercy-North Iowa’s Vascular and Wound Center have been a part of multiple patient success stories; and it has been easy working alongside them in how I manage my patient’s care.

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