

## STROKE SPECIALTY REHABILITATION PROGRAM AT MercyOne Genesis Physical Medicine and Rehabilitation

The **Stroke Specialty Rehabilitation Program** at Genesis Physical Medicine and Rehabilitation is dedicated to providing exceptional rehabilitation services to assist patients recovering from a stroke to reach their full potential. Research has shown that early and specialized rehabilitation for those persons recovering from a stroke can help to optimize function and enhance quality of life. Genesis Physical Medicine and Rehabilitation offers a comprehensive stroke program to address the individualized needs of each stroke patient by tailoring a plan of care to meet the needs of the patient and family.

## **Sharing Our Outcomes for 2024**

Types of Stroke Patients Served	Average Age	Percentage of Female Patients	Percentage of Male Patients	Average Treatment Hours per Day
166 adult and adult geriatric stroke patients were served in 2024	71	51%	49%	3.01

We are extremely proud of the number of our patients who have increased their independence in our inpatient rehabilitation program. Changes in independence are measured using the Functional Quality Indicators from the Inpatient Rehabilitation Facility Patient Assessment Instrument (IRF-PAI), which helps assess how well patients can manage daily tasks such as dressing, bathing and locomotion (walking/using wheelchair).

Patients are assessed when they arrive (admission) and throughout their stay in inpatient rehabilitation. By the time patients leave our rehab program (discharge), we expect an increase in Functional indicators in the range of 40 to 50 points. Our overall target is 45.6. Below is information on the outcomes from our stroke program compared to national outcomes.



Stroke Functional Outcomes	Functional Gain Change	Average Length of Stay (days)
Genesis Physical Medicine and Rehabilitation	40.8	12
Nation	45.6	13

Stroke Discharge Outcomes	Discharge Rate Community Setting	Discharge Rate to Skilled Nursing	Transfers to Acute Care Hospital
Genesis Physical Medicine and			
Rehabilitation	73%	16%	9%
Nation	81%	11%	8%

Of the 166 stroke patients served here in 2024, the overall functional gain attained was **40.8**, which is slightly below the overall target.

Our greatest achievements are in preparing our patients to return home or to a community setting, 73% achieved this successfully!



## **Satisfaction of Stroke Patients Served**

•	Likely to	Recommend	.77	%
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