



Northeast Iowa Family Medicine Residency Program

Curriculum

Our Family Medicine Residency curriculum is designed to provide a well-rounded, flexible, and rigorous training experience. Guided by the requirements of the Accreditation Council of Graduate Medical Education (ACGME) and the American Board of Family Medicine (ABFM), our program is continuously reviewed and updated to meet the evolving needs of our residents and the communities they serve.

Clinical Training

Hands-on patient care is the foundation of our curriculum. Residents build longitudinal relationships with patients in our Family Medicine Clinic and manage complex cases on the Family Medicine Inpatient Service.

Clinic Schedule

PGY-1: 1–2 half days per week
PGY-2: 2–4 half days per week
PGY-3: 4 half days per week

During inpatient rotations, residents manage their own patients while working closely with hospitalists and consult on cases managed by other services.

Procedural Experience

We emphasize procedural competence in the outpatient setting by offering half day of procedures every quarter starting in 2nd year of residency. This allows for residents to work closely with faculty while providing patients the care they need.

Residents gain experience in:

- Colposcopy
- Casting and splinting
- Contraception (IUD & Nexplanon insertions)
- Joint injections
- Lesion removal
- Vasectomies
- Other minor surgical procedures

Weekly Didactics

Didactics occur weekly, Wednesdays from 1-5pm and include a variety of topics from pediatrics to geriatrics to incorporate the full breadth of a family medicine practice. Topics are presented by family medicine physicians and specialists in the community, our residents and faculty and professors from the University of Iowa. Didactics also reflect longitudinal topics addressed throughout the year including practice management, hospice/palliative care, nursing home and point of care ultrasound use.

Residents are also given opportunities to grow as leaders and educators through presentations of Morbidity & Mortality (M&M) cases, Grand Rounds, Journal Club and updates on commonly referenced treatment guidelines. Quarterly, residents also participate in simulations labs, allowing them to review and master high stakes situations.

This dedicated time ensures our residents are well-prepared both intellectually and practically for real-world challenges.

Electives

Residents have 12 weeks of elective time throughout their three years. Electives are customizable to support individual career goals and can range from 2 to 4 weeks in duration.

Our goal is to train confident, capable family physicians who can care for patients across all settings—from the clinic to the ICU, from the hospital to the nursing home.