



# Community Health Needs Assessment (CHNA) Implementation Strategy & Community Benefit Plan

Fiscal Years FY25-27

**MercyOne Genesis Aledo Medical Center completed a comprehensive Community Health Needs Assessment (CHNA) adopted by the MercyOne Genesis Board on April 3, 2025.** MercyOne Genesis Aledo performed the CHNA in adherence with applicable federal requirements for not-for-profit hospitals set forth in the Affordable Care Act (ACA) and by the Internal Revenue Service (IRS). The assessment considered a comprehensive review of secondary data analysis of patient outcomes, community health status, and social influences of health, as well as primary data collection, including input from representatives of the community, community members and various community organizations. Genesis Health System changed its name to MercyOne Genesis on October 1, 2024.

The complete CHNA report is available electronically at [MercyOne.org/about-us/community-health-and-well-being](https://www.mercyone.org/about-us/community-health-and-well-being) or printed copies are available in Administration at 409 NW Ninth Ave., Aledo, IL 61231.

## Our Mission

We, MercyOne, serve together in the spirit of the Gospel as a compassionate and transforming healing presence within our communities.

## Our hospitals

MercyOne is a connected system of health care facilities and services dedicated to helping people and communities live their best lives. The system's more than 220 clinics, medical centers, hospitals and care locations are located throughout the state of Iowa and Illinois. MercyOne employs more than 22,000 colleagues.

MercyOne Genesis, its affiliates and partners, offer a continuum of health care services for a 17-county region of Eastern Iowa and Western Illinois. MercyOne Genesis is one of the largest employers in the Quad Cities, with more than 5,000 employees.

MercyOne Genesis Aledo Medical Center is a 22-bed critical access hospital with emergency services, diagnostic services (lab, radiology/imaging) surgical services, physical and occupational therapy, cardiac rehabilitation, infusion center, primary care walk in rural health clinic, pain management, skilled care, respiratory care, sleep disorder services, and speech/ language pathology.

On March 1, 2023, Genesis joined MercyOne. MercyOne is a member of Trinity Health based in Livonia, Michigan.



## Our community

The total population of the service area, as recorded in the most recent census in 2024, is 36,369, and is trending downward. Mercer County as a whole is shrinking. The population is primarily rural with Aledo as the largest city and a larger Quad Cities community to the north. The median age is 43.9, which is higher than the median Illinois age of 38.7 and median US age of 38.5. The population is mostly Caucasian, with 90.8% White, 1.6% Black, 0.2% Native American, 0.4% Asian, 3.2% Hispanic, and 0.9% other.

MercyOne Genesis Aledo Medical Center is currently the only hospital in Mercer County and operates MercyOne Genesis Aledo Family Medicine in Aledo. MercyOne Genesis Aledo First-Med Pharmacy is an affiliated organization.



## Our approach to health equity

While community health needs assessments (CHNA) and Implementation Strategies are required by the Internal Revenue Service (IRS), Trinity Health ministries have historically conducted CHNAs and developed Implementation Strategies as a way to meaningfully engage our communities and plan our Community Health & Well-Being work. Community Health & Well-Being promotes optimal health for people experiencing poverty or other vulnerabilities in the communities we serve by addressing patient social needs and investing in our communities through dismantling oppressive systems, including racism, and building community capacity. Trinity Health has adopted the Robert Wood Johnson Foundation's definition of Health Equity - "Health equity means that everyone has a fair and just opportunity to be as healthy as possible. This requires removing obstacles to health such as poverty, discrimination, and their consequences, including powerlessness and lack of access to good jobs with fair pay, quality education and housing, safe environments, and health care." MercyOne is a member of Trinity Health, based in Livonia, Michigan, one of the largest not-for-profit Catholic health systems in the country.

This implementation strategy was developed in partnership with community and will focus on specific populations and geographies most impacted by the needs being addressed. Racial equity principles were used throughout the development of this plan and will continue to be used during the implementation. The strategies implemented will mostly focus on policy, systems and environmental change as these changes are needed to dismantle racism and promote health and well-being for all members of the communities we serve.

## Health and social needs of the community

MercyOne Genesis Aledo Medical Center conducted a CHNA in 2024 and early 2025. The CHNA identified the significant needs for health and social drivers of health within the Mercer County area. Community stakeholders then prioritized those needs during a facilitated review and analysis of the CHNA findings. The significant health needs identified, in order of priority include:

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|-------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>1. Mental health</b> | <ul style="list-style-type: none"><li>• 11% had trouble accessing in the past 12 months (27% for ages 18-44) via survey</li><li>• 27% have mental health challenges (46% for ages 18-44) via survey</li><li>• 50% believe it is a top concern for adults in the community via survey</li><li>• 67% believe it is a top concern for children in the community via survey</li><li>• 30% have faced barriers or felt uncomfortable receiving mental health services via survey</li><li>• 20.6% of community members suffer from depression, compared to 17.9% in Illinois and 19.5% in the US</li><li>• 10.46 mental health providers per 100,000 population in the service area, compared to 141 in Illinois and 172 in the US</li></ul> |
|-------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
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|---------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>2. Access to care</b>                                | <ul style="list-style-type: none"> <li>• 20% have not been able to receive all the care they need via survey</li> <li>• 36% believe access to specialist or primary care is a top concern for adults in the community via survey</li> <li>• Of those facing barriers for primary care, 35% are scheduling issues and 33% site insurance or cost issues via survey</li> <li>• 20.91 primary care providers per 100,000 population in the service area, compared to 126 in Illinois and 112 in the US</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| <b>3. Obesity, obesity-associated disease, exercise</b> | <ul style="list-style-type: none"> <li>• 32% have heart problems (38% for ages 45+) via survey</li> <li>• 49% are overweight/obese (57% for ages 45+) via survey</li> <li>• 26% have diabetes (35% for ages 45+) via survey</li> <li>• 36% believe obesity is a top concern for adults in the community (22% for children) via survey</li> <li>• 28% heart disease is a top concern for adults in the community via survey</li> <li>• 30% believe diabetes is a top concern for adults in the community via survey</li> <li>• 34.2% of adults have high blood pressure in the community, compared to 31.7% in Illinois and 32.7% in the US</li> <li>• 32.2% of Medicare beneficiaries in the community have heart disease, compared to 26.6% in Illinois and 26.8% in the US</li> <li>• 36.2% of adults in the community are obese, compared to 33.53% in Illinois and 33% in the US</li> <li>• 27.7% of adults in the community have no physical activity, compared to 27.08% in Illinois and 23.7% in the US</li> <li>• 4.91 recreation/ fitness facilities per 100,000 population in the community, compared to 12.64 in Illinois and 14.76 in the US</li> </ul> |
| <b>4. Cancer</b>                                        | <ul style="list-style-type: none"> <li>• 32% believe cancer is a top concern for adults in the community (38% among ages 45+) via survey</li> <li>• 6% have cancer (8% for ages 45+) via survey</li> <li>• 997.6 cancer incidence per 100,000 population in the community, compared to 459.7 in Illinois and 442.3 in the US</li> <li>• 253.4 breast cancer incidence per 100,000 population in the community, compared to 132.6 in Illinois and 127 in the US</li> <li>• 74.3 colon and rectum cancer incidence per 100,000 population in the community, compared to 39.8 in Illinois and 36.5 in the US</li> <li>• 164.3 cancer mortality per 100,000 population in the community, compared to 155.4 in Illinois and 149.4 in the US</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                   |
| <b>5. Access to childcare</b>                           | <ul style="list-style-type: none"> <li>• 15% had trouble accessing in the past 12 months (30% for ages 18-44) via survey</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |



## Hospital implementation strategy

### Significant health and social needs to be addressed

MercyOne Genesis Aledo Medical Center, in collaboration with community partners, will focus on developing and/or supporting initiatives and measure their effectiveness to improve the following needs:

- **Mental health** – CHNA pages 17-18. A second community survey of Mercer County and the surrounding rural area identified brain/mental health as the greatest need in the community. An advisory committee of community members supported the decisions to focus on brain/mental health and the additional barriers of food insecurity and homeless and emergency housing.
- **Access to care** CHNA pages 17-18. A second community survey of Mercer County and the surrounding rural area identified access to care as the second greatest need in the community. An advisory committee of community members supported the decisions to focus on access care. This included access to physicians, primary care providers, and specialists. It also includes reducing transportation barriers and scheduling conflicts.
- **Obesity, obesity-associated disease, exercise** CHNA pages 17-18. A second community survey of Mercer County and the surrounding rural area identified Obesity, obesity-associated disease, exercise as the third greatest need in the community. An advisory committee of community members supported the decisions to focus on reducing obesity, heart disease and diabetes through diet nutrition and exercise.

### Significant health and social needs that will not be addressed

MercyOne Genesis Aledo Medical Center acknowledges the wide range of priority health and social issues that emerged from the CHNA process and determined that it could effectively focus on only those needs which are the most pressing, under- addressed and within its ability to influence.

MercyOne Genesis Aledo does not intend to address the following needs in this implementation strategy:

- **Cancer** – While MercyOne Genesis Aledo Medical Center will not address this need in the implementation strategy, we will continue to address this need within MercyOne Genesis Aledo Family Medicine and through programs within MercyOne Genesis Davenport Cancer Center. Prevention of cancer will also focus on education and community events.
- **Access to child care** – While MercyOne Genesis Aledo Medical Center will not address this need in the implementation strategy, we will continue to address this need through our hospital and family medicine clinics in Aledo as a workforce issue. The community was able to narrow down the need for childcare as for infants less than two years of age, and this has impacted the workforce in the health care area.

This implementation strategy specifies community health needs that the hospital, in collaboration with community partners, has determined to address. The hospital reserves the right to amend this implementation strategy if circumstances warrant. For example, certain needs may become more pronounced and require enhancements to the described strategic initiatives. During these three years, other organizations in the community may decide to address certain needs, indicating that the hospital should refocus its limited resources to best serve the community.

A special thanks to the Aledo Implementation Strategy Advisory Committee for their active engagement in developing these strategies. The members of this committee include:

- MercyOne Genesis
- MercyOne Genesis Aledo Medical Center
- Mercer County Public Health Department
- Mercer County Family YMCA
- Mercer County Better Together
- Illinois Lyme Association
- City of Aledo
- WRMJ Radio
- Individuals with lived health and social experiences

# 1

## Mental health



**Goal: Increase access to mental health education and services throughout Mercer County area**

### CHNA Impact Measures

**2025  
Baseline**

**2027  
Target**

**Individuals receiving care coordination through MHAP at MercyOne Genesis Aledo Medical Center**

**132**

**150**

**Individuals receiving mental health counseling/medication management at MercyOne Genesis Aledo Medical Center**

**605**

**700**

| Strategy                                                                                                                                                                               | Timeline<br>Y1 Y2 Y3 |   |   | Hospital and Committed Partners<br>(align to indicate committed resource) | Committed Resources<br>(align by hospital/committed partner)   |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------|---|---|---------------------------------------------------------------------------|----------------------------------------------------------------|
| Continue to collaborate with the Mercer County Health Department on referrals for individuals who need additional mental health care coordination around social determinants of health | X                    | X | X | MercyOne Genesis Aledo Medical Center                                     | FTEs in care coordination                                      |
|                                                                                                                                                                                        |                      |   |   | Mercer County Health Department                                           | FTEs in LCSW and APRN                                          |
|                                                                                                                                                                                        |                      |   |   | <b>Focus location(s)</b>                                                  | <b>Focus Population(s)</b>                                     |
|                                                                                                                                                                                        |                      |   |   | MercyOne Genesis Aledo Medical Center                                     | All community members                                          |
| Strategy                                                                                                                                                                               | Timeline<br>Y1 Y2 Y3 |   |   | Hospital and Committed Partners<br>(align to indicate committed resource) | Committed Resources<br>(align by hospital/committed partner)   |
| Continue to promote the availability of LCSW and APRN to provide counseling and medication management to area individuals                                                              | X                    | X | X | MercyOne Genesis Aledo Medical Center                                     | FTEs                                                           |
|                                                                                                                                                                                        |                      |   |   | <b>Focus location(s)</b>                                                  | <b>Focus Population(s)</b>                                     |
|                                                                                                                                                                                        |                      |   |   | Aledo Schools, local business, public locations                           | Residents using or potential in need of mental health services |
| Strategy                                                                                                                                                                               | Timeline<br>Y1 Y2 Y3 |   |   | Hospital and Committed Partners<br>(align to indicate committed resource) | Committed Resources<br>(align by hospital/committed partner)   |
| Promote FindHelp.com to Aledo patients for mental health services                                                                                                                      | X                    | X | X | MercyOne Genesis Aledo Medical Center                                     | FTEs                                                           |
|                                                                                                                                                                                        |                      |   |   | <b>Focus location(s)</b>                                                  | <b>Focus Population(s)</b>                                     |
|                                                                                                                                                                                        |                      |   |   | FindHelp.com website                                                      | Area residents in need of services                             |

# 2

## Access to care



### Goal: Increase access to care in the Mercer County area

| CHNA Impact Measures                                                | 2025 Baseline | 2027 Target |
|---------------------------------------------------------------------|---------------|-------------|
| Increase the number of primary care providers in Mercer County area | 5             | 7           |
| Increase the number of Physicians in the Mercer County area         | 1             | 2           |

| Strategy                                                                                       | Timeline                              |    |    | Hospital and Committed Partners<br>(align to indicate committed resource) | Committed Resources<br>(align by hospital/committed partner)   |
|------------------------------------------------------------------------------------------------|---------------------------------------|----|----|---------------------------------------------------------------------------|----------------------------------------------------------------|
|                                                                                                | Y1                                    | Y2 | Y3 |                                                                           |                                                                |
| Continue to recruit additional primary care providers to MercyOne Genesis rural health clinics | X                                     | X  | X  | MercyOne Genesis Aledo Medical Center                                     | Leadership and management for recruitment.                     |
|                                                                                                | Focus location(s)                     |    |    |                                                                           | Focus Population(s)                                            |
|                                                                                                | MercyOne Genesis Aledo                |    |    |                                                                           | All community members                                          |
| Strategy                                                                                       | Timeline                              |    |    | Hospital and Committed Partners<br>(align to indicate committed resource) | Committed Resources<br>(align by hospital/committed partner)   |
|                                                                                                | Y1                                    | Y2 | Y3 |                                                                           |                                                                |
| Continue to recruit additional Physicians to MercyOne Genesis rural health clinics             | X                                     | X  | X  | MercyOne Genesis Aledo Medical Center                                     | FTEs                                                           |
|                                                                                                | Focus location(s)                     |    |    |                                                                           | Focus Population(s)                                            |
|                                                                                                | MercyOne Genesis Aledo Medical Center |    |    |                                                                           | Residents using or potential in need of mental health services |
| Strategy                                                                                       | Timeline                              |    |    | Hospital and Committed Partners<br>(align to indicate committed resource) | Committed Resources<br>(align by hospital/committed partner)   |
|                                                                                                | Y1                                    | Y2 | Y3 |                                                                           |                                                                |
| Promote FindHelp.com to Aledo patients for mental health services                              | X                                     | X  | X  | MercyOne Genesis Aledo Medical Center                                     | FTEs                                                           |
|                                                                                                | Focus location(s)                     |    |    |                                                                           | Focus Population(s)                                            |
|                                                                                                | FindHelp.com website                  |    |    |                                                                           | Area residents in need of services                             |



# 3

## Obesity, obesity-associated disease, exercise and diet



### Goal: Reduce the incidence of obesity-associated diseases through exercise and diet

#### CHNA Impact Measures

2025  
Baseline

2027  
Target

#### Reduce the percent of individuals with HbA1c >9

HbA1c, or hemoglobin A1c, is a blood test that measures your average blood glucose levels over the past two to three months. It indicates how much glucose is bound to hemoglobin in your red blood cells, providing insight into your blood sugar control and is commonly used to diagnose and monitor diabetes.

14%

11.6%

| Strategy                                                                                                                                                                                                                                                                                           | Timeline |    |    | Hospital and Committed Partners<br>(align to indicate committed resource) | Committed Resources<br>(align by hospital/committed partner)                                                           |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------|----|----|---------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                                                                                                                                                                    | Y1       | Y2 | Y3 |                                                                           |                                                                                                                        |
| 55 individuals or 14% of the MercyOne Genesis Aledo Family Medicine, Aledo patient panel with poorly controlled HbA1c levels (>than 9.0%) will achieve a HbA1c level of equal to or less than 11.6% as reported monthly through the MercyOne Genesis Aledo Family Medicine report from PowerWorks™ | X        | X  | X  | MercyOne Genesis Aledo Medical Center                                     | PCP's, physician's and MA's time devoted to education, counseling and follow up with prescribed treatment and testing. |
|                                                                                                                                                                                                                                                                                                    |          |    |    | Focus location(s)                                                         | Focus Population(s)                                                                                                    |
|                                                                                                                                                                                                                                                                                                    |          |    |    | MercyOne Genesis Aledo Medical Center                                     | Current and new patients                                                                                               |
| Strategy                                                                                                                                                                                                                                                                                           | Timeline |    |    | Hospital and Committed Partners<br>(align to indicate committed resource) | Committed Resources<br>(align by hospital/committed partner)                                                           |
|                                                                                                                                                                                                                                                                                                    | Y1       | Y2 | Y3 |                                                                           |                                                                                                                        |
| 55 individuals or 14% of the MercyOne Genesis Aledo Family Medicine, Aledo patients with poorly controlled HbA1c levels (>than 9.0%) will have their blood tests taken before or with their quarterly or six-month visits are scheduled                                                            | X        | X  | X  | MercyOne Genesis Aledo Medical Center                                     | PCP's, physician's and MA's time devoted to education, counseling and lab staff to conduct blood analysis.             |
|                                                                                                                                                                                                                                                                                                    |          |    |    | Focus location(s)                                                         | Focus Population(s)                                                                                                    |
|                                                                                                                                                                                                                                                                                                    |          |    |    | MercyOne Genesis Aledo Medical Center                                     | Current and new patients                                                                                               |

| Strategy                                   | Timeline |    |    | Hospital and Committed Partners<br>(align to indicate committed resource) | Committed Resources<br>(align by hospital/committed partner) |
|--------------------------------------------|----------|----|----|---------------------------------------------------------------------------|--------------------------------------------------------------|
|                                            | Y1       | Y2 | Y3 |                                                                           |                                                              |
| MercyOne Genesis Aledo Medical Center will | X        | X  | X  | MercyOne Genesis Aledo Medical Center                                     | Staff resources, identification of need and coordination of  |

|                                                                                                                                                                                                                            |  |  |  |                                                |                                                                                                                                         |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|--|--|------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------|
| collaborate with public, private and philanthropic organizations to ensure transportation for rural and low-income individuals to preventative care and screenings, increased physical activity and fresh food and produce |  |  |  | Philanthropic Organizations                    | service                                                                                                                                 |
|                                                                                                                                                                                                                            |  |  |  | School district, public transportation,        | Cash Contributions                                                                                                                      |
|                                                                                                                                                                                                                            |  |  |  | Health department and non-profit organizations | Funding, staff resources and drivers                                                                                                    |
|                                                                                                                                                                                                                            |  |  |  |                                                | Staff resources, identification of need and coordination of service                                                                     |
|                                                                                                                                                                                                                            |  |  |  | <b>Focus location(s)</b>                       | <b>Focus Population(s)</b>                                                                                                              |
|                                                                                                                                                                                                                            |  |  |  | Mercer County and surrounding area.            | Rural and low-income individuals who face transportation barriers to reduce obesity related disease through physical activity and diet. |

## Adoption of implementation strategy

On October 2, 2025 the Board of Directors for MercyOne Genesis met to discuss the 2025-2027 Implementation Strategy for addressing the community health and social needs identified in the 2025 Community Health Needs Assessment. Upon review, the Board approved this Implementation Strategy and the related budget.



9/30/25

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Edward Rogalski, Hospital Administrator

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[Date]