

CT/NG collection instructions

Your physician has requested testing which requires the collection of a urine sample.

BEFORE YOU BEGIN

- Wash and dry your hands thoroughly.
- Do not urinate for at least one hour prior to collection.
- Do not cleanse the genital area.

COLLECTION INSTRUCTIONS

1. Begin urinating directly into the urine collection cup (free of any preservatives). Collect 20–50 ml of urine. Too much urine can dilute the sample and lead to a false negative result.
2. Screw on the container cap. Be careful not to touch or contaminate the inside of the cap or container.

AFTER COLLECTION

If your specimen was collected at home

- It is especially important you refrigerate your specimen at home.
- Follow your physician's instructions and bring the specimen, your doctor's orders, or a MercyOne lab request form to MercyOne Dubuque Laboratory.

The results of your test will be sent directly to your physician within two to three business days. If you have questions concerning your results, please contact your physician.

LABEL THE CONTAINER WITH

- Your full name (first and last name) and birth date.
- Date and time collected.



**Scan for more information
on Laboratory Services**

MERCYONE LABORATORY LOCATIONS:

MercyOne Dubuque Medical Center
250 Mercy Drive, Dubuque, IA 52001

MercyOne Dyersville Medical Center
1111 Third St SW, Dyersville, IA 52040

MercyOne Maquoketa Laboratory
918 W. Platt St., Maquoketa IA, 52060

MercyOne Clinton Medical Center
1410 N. Fourth St., Clinton IA 52732

MercyOne Elkader Medical Center
901 Davidson St. NW, Elkader, IA 52043

MercyOne.org