



PATIENT AND FAMILY MEDICAL HISTORY

Patient Name _____ Date of Birth _____

Please mark for each answer and list the family member(s), where applicable.

**Family includes children, parents, grandparents & siblings. Please identify which side of the family maternal or paternal.*

Cardiovascular				Age of Onset
Coronary Artery Disease	<input type="checkbox"/> N/A	<input type="checkbox"/> Self	<input type="checkbox"/> Family: Relationship _____	_____
Heart Disease	<input type="checkbox"/> N/A	<input type="checkbox"/> Self	<input type="checkbox"/> Family: Relationship _____	_____
High Cholesterol	<input type="checkbox"/> N/A	<input type="checkbox"/> Self	<input type="checkbox"/> Family: Relationship _____	_____
High Blood Pressure	<input type="checkbox"/> N/A	<input type="checkbox"/> Self	<input type="checkbox"/> Family: Relationship _____	_____
Heart Attack	<input type="checkbox"/> N/A	<input type="checkbox"/> Self	<input type="checkbox"/> Family: Relationship _____	_____
Sudden Death	<input type="checkbox"/> N/A	<input type="checkbox"/> Self	<input type="checkbox"/> Family: Relationship _____	_____
Endocrine/Metabolic				
Diabetes Mellitus (Type 1/2, Gest.)	<input type="checkbox"/> N/A	<input type="checkbox"/> Self	<input type="checkbox"/> Family: Relationship _____	_____
Thyroid Disorder (Hyper/Hypoactive, Goiter)	<input type="checkbox"/> N/A	<input type="checkbox"/> Self	<input type="checkbox"/> Family: Relationship _____	_____
Eyes, Ears, Nose and Throat				
Glaucoma	<input type="checkbox"/> N/A	<input type="checkbox"/> Self	<input type="checkbox"/> Family: Relationship _____	_____
Hearing Loss	<input type="checkbox"/> N/A	<input type="checkbox"/> Self	<input type="checkbox"/> Family: Relationship _____	_____
Vision Loss	<input type="checkbox"/> N/A	<input type="checkbox"/> Self	<input type="checkbox"/> Family: Relationship _____	_____
Genetic/Birth Defects				
Birth Defects	<input type="checkbox"/> N/A	<input type="checkbox"/> Self	<input type="checkbox"/> Family: Relationship _____	_____
Genitourinary				
Endometriosis	<input type="checkbox"/> N/A	<input type="checkbox"/> Self	<input type="checkbox"/> Family: Relationship _____	_____
Kidney Problems	<input type="checkbox"/> N/A	<input type="checkbox"/> Self	<input type="checkbox"/> Family: Relationship _____	_____
Polycystic Ovary Disease	<input type="checkbox"/> N/A	<input type="checkbox"/> Self	<input type="checkbox"/> Family: Relationship _____	_____
Toxemia of Pregnancy	<input type="checkbox"/> N/A	<input type="checkbox"/> Self	<input type="checkbox"/> Family: Relationship _____	_____
Hematologic (Blood)				
Bleeding Disorder (Clotting Disorder, etc.)	<input type="checkbox"/> N/A	<input type="checkbox"/> Self	<input type="checkbox"/> Family: Relationship _____	_____
Deep Vein Thrombosis (Blood Clots)	<input type="checkbox"/> N/A	<input type="checkbox"/> Self	<input type="checkbox"/> Family: Relationship _____	_____
Hematologic Disorder (Anemia, Leukemia, etc.)	<input type="checkbox"/> N/A	<input type="checkbox"/> Self	<input type="checkbox"/> Family: Relationship _____	_____
Hemophilia	<input type="checkbox"/> N/A	<input type="checkbox"/> Self	<input type="checkbox"/> Family: Relationship _____	_____
Sickle Cell Anemia	<input type="checkbox"/> N/A	<input type="checkbox"/> Self	<input type="checkbox"/> Family: Relationship _____	_____
Mental Health/Substance Abuse				
Alcoholism	<input type="checkbox"/> N/A	<input type="checkbox"/> Self	<input type="checkbox"/> Family: Relationship _____	_____
Attention Deficit Disorder	<input type="checkbox"/> N/A	<input type="checkbox"/> Self	<input type="checkbox"/> Family: Relationship _____	_____
Bipolar Disorder	<input type="checkbox"/> N/A	<input type="checkbox"/> Self	<input type="checkbox"/> Family: Relationship _____	_____
Depression	<input type="checkbox"/> N/A	<input type="checkbox"/> Self	<input type="checkbox"/> Family: Relationship _____	_____
Mental Disorder	<input type="checkbox"/> N/A	<input type="checkbox"/> Self	<input type="checkbox"/> Family: Relationship _____	_____
Schizophrenia	<input type="checkbox"/> N/A	<input type="checkbox"/> Self	<input type="checkbox"/> Family: Relationship _____	_____
Smoking Tobacco	<input type="checkbox"/> N/A	<input type="checkbox"/> Self	<input type="checkbox"/> Family: Relationship _____	_____

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Musculoskeletal		Age of Onset
Osteoarthritis	<input type="checkbox"/> N/A <input type="checkbox"/> Self <input type="checkbox"/> Family: Relationship_____	_____
Osteoporosis	<input type="checkbox"/> N/A <input type="checkbox"/> Self <input type="checkbox"/> Family: Relationship_____	_____
Other Inflammatory Disorders (Gout, etc.)	<input type="checkbox"/> N/A <input type="checkbox"/> Self <input type="checkbox"/> Family: Relationship_____	_____
Rheumatoid Arthritis	<input type="checkbox"/> N/A <input type="checkbox"/> Self <input type="checkbox"/> Family: Relationship_____	_____
Rheumatologic Disorder	<input type="checkbox"/> N/A <input type="checkbox"/> Self <input type="checkbox"/> Family: Relationship_____	_____
Lupus	<input type="checkbox"/> N/A <input type="checkbox"/> Self <input type="checkbox"/> Family: Relationship_____	_____
Neurologic		
Alzheimer's Disease	<input type="checkbox"/> N/A <input type="checkbox"/> Self <input type="checkbox"/> Family: Relationship_____	_____
Dementia	<input type="checkbox"/> N/A <input type="checkbox"/> Self <input type="checkbox"/> Family: Relationship_____	_____
Migraines	<input type="checkbox"/> N/A <input type="checkbox"/> Self <input type="checkbox"/> Family: Relationship_____	_____
Stroke	<input type="checkbox"/> N/A <input type="checkbox"/> Self <input type="checkbox"/> Family: Relationship_____	_____
Oncologic (Cancer)		
Breast Cancer	<input type="checkbox"/> N/A <input type="checkbox"/> Self <input type="checkbox"/> Family: Relationship_____	_____
Colorectal Cancer	<input type="checkbox"/> N/A <input type="checkbox"/> Self <input type="checkbox"/> Family: Relationship_____	_____
Endometrial Cancer	<input type="checkbox"/> N/A <input type="checkbox"/> Self <input type="checkbox"/> Family: Relationship_____	_____
Lung Cancer	<input type="checkbox"/> N/A <input type="checkbox"/> Self <input type="checkbox"/> Family: Relationship_____	_____
Melanoma	<input type="checkbox"/> N/A <input type="checkbox"/> Self <input type="checkbox"/> Family: Relationship_____	_____
Ovarian Cancer	<input type="checkbox"/> N/A <input type="checkbox"/> Self <input type="checkbox"/> Family: Relationship_____	_____
Prostate Cancer	<input type="checkbox"/> N/A <input type="checkbox"/> Self <input type="checkbox"/> Family: Relationship_____	_____
Skin Cancer	<input type="checkbox"/> N/A <input type="checkbox"/> Self <input type="checkbox"/> Family: Relationship_____	_____
Stomach Cancer	<input type="checkbox"/> N/A <input type="checkbox"/> Self <input type="checkbox"/> Family: Relationship_____	_____
Cancer-Other	<input type="checkbox"/> N/A <input type="checkbox"/> Self <input type="checkbox"/> Family: Relationship_____	_____
Respiratory		
Asthma	<input type="checkbox"/> N/A <input type="checkbox"/> Self <input type="checkbox"/> Family: Relationship_____	_____
Pulmonary Embolism	<input type="checkbox"/> N/A <input type="checkbox"/> Self <input type="checkbox"/> Family: Relationship_____	_____
Respiratory Disorder (COPD, CHF, etc.)	<input type="checkbox"/> N/A <input type="checkbox"/> Self <input type="checkbox"/> Family: Relationship_____	_____
Smoke Tobacco/Cigarettes	<input type="checkbox"/> N/A <input type="checkbox"/> Self <input type="checkbox"/> Family: Relationship_____	_____
Tuberculosis	<input type="checkbox"/> N/A <input type="checkbox"/> Self <input type="checkbox"/> Family: Relationship_____	_____
Other		
Are You Adopted?	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Other (please describe):		
Additional Family History:		
Past Surgical Procedures (include date or age of procedure):		
Advance Directive on File: <input type="checkbox"/> Yes <input type="checkbox"/> No	Date: _____ Where: _____	Pamphlet Given: <input type="checkbox"/> Yes <input type="checkbox"/> No

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Please answer each question.

Tobacco		
Do you have an exposure to environmental smoke: <input type="checkbox"/> Yes <input type="checkbox"/> No		
Are there any household smokers interested in quitting: <input type="checkbox"/> Yes <input type="checkbox"/> No		
<input type="checkbox"/> Never Smoked <input type="checkbox"/> Non-smoker <input type="checkbox"/> Current Smoker		
Smoking		
Type: <input type="checkbox"/> Cigarette <input type="checkbox"/> Cigar <input type="checkbox"/> Pipe		
Start Date (number of years):		
Amount of Cigarettes (packs per day):		
<input type="checkbox"/> Trivial (less than one cigarette/day) <input type="checkbox"/> Light (1 - 9 cigarettes/day) <input type="checkbox"/> Moderate (10 -19 cigarettes/day)		
<input type="checkbox"/> Heavy (20 -39 cigarettes/day) <input type="checkbox"/> Very Heavy (40+ cigarettes/day)		
Interested in quitting: <input type="checkbox"/> Yes <input type="checkbox"/> No		
Smoking Comments:		
Smokeless		
<input type="checkbox"/> Former Smokeless User <input type="checkbox"/> Current Smokeless User		
Type: <input type="checkbox"/> Chew <input type="checkbox"/> Snuff <input type="checkbox"/> Powder		
Start Date (number of years):		Amount:
Interested in quitting: <input type="checkbox"/> Yes <input type="checkbox"/> No		
Stop Date:		
Smokeless Comments:		
Alcohol Use		
Are you a: <input type="checkbox"/> Non-Drinker <input type="checkbox"/> Current Alcohol User		
Type: <input type="checkbox"/> Beer <input type="checkbox"/> Hard Liquor <input type="checkbox"/> Wine		
Average Drinks/Week:		Average Drinks/Day:
Do you have a past heavy use of alcohol: <input type="checkbox"/> Yes <input type="checkbox"/> No		
Have you ever been in an alcohol treatment program: <input type="checkbox"/> Yes <input type="checkbox"/> No		
Caffeine Use		
<input type="checkbox"/> No Caffeine Use <input type="checkbox"/> Use Caffeine		
Type: <input type="checkbox"/> Coffee <input type="checkbox"/> Tea <input type="checkbox"/> Soda/Pop <input type="checkbox"/> Energy Drinks <input type="checkbox"/> Caffeine Supplements		
Total Amount:		
Cancer Environmental Risk		
Do you have known environmental risk factors for cancer: <input type="checkbox"/> Yes <input type="checkbox"/> No		
Do you use sun protection consistently: <input type="checkbox"/> Yes <input type="checkbox"/> No		
Do you have a history of excessive sun exposure (blistering sunburns): <input type="checkbox"/> Yes <input type="checkbox"/> No		
Do you have a high risk for abnormal skin growth/changes: <input type="checkbox"/> Yes <input type="checkbox"/> No		
Do you have a history of radiation exposure to your neck: <input type="checkbox"/> Yes <input type="checkbox"/> No		
Diet/Nutrition		
Type: <input type="checkbox"/> Good <input type="checkbox"/> Average <input type="checkbox"/> Poor		
Do you have a diet high in fats: <input type="checkbox"/> Yes <input type="checkbox"/> No		
Not currently limiting calorie intake : <input type="checkbox"/> Yes <input type="checkbox"/> No		
Do you have any difficulty in chewing: <input type="checkbox"/> Yes <input type="checkbox"/> No		
Do you have any difficulty in swallowing: <input type="checkbox"/> Yes <input type="checkbox"/> No		
Do you have a history of an eating disorder: <input type="checkbox"/> Yes <input type="checkbox"/> No		
Do you have any financial issues affecting the ability to buy the necessary food: <input type="checkbox"/> Yes <input type="checkbox"/> No		
Diet Specifics:		
Special Diet: <input type="checkbox"/> Diabetic <input type="checkbox"/> Gluten Free <input type="checkbox"/> Low Fat <input type="checkbox"/> Low Sodium <input type="checkbox"/> Renal <input type="checkbox"/> Vegan <input type="checkbox"/> Vegetarian <input type="checkbox"/> Weight Reduction <input type="checkbox"/> Other		

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Please answer each question.

Drug Misuse
<input type="checkbox"/> No reported History of Drug Use <input type="checkbox"/> Past Drug User <input type="checkbox"/> Current Drug User
Drug Type(s): <input type="checkbox"/> Amphetamines <input type="checkbox"/> Cocaine <input type="checkbox"/> Marijuana
<input type="checkbox"/> Opiates <input type="checkbox"/> Polydrug Usage <input type="checkbox"/> Prescription
<input type="checkbox"/> Other:
Have you used needles to inject drugs: <input type="checkbox"/> Yes <input type="checkbox"/> No
Pattern of use:
Have you ever been in a drug treatment program: <input type="checkbox"/> Yes <input type="checkbox"/> No
Do you have a current pain management contract: <input type="checkbox"/> Yes <input type="checkbox"/> No
Exercise
Do you participate in an aerobic exercise activity: <input type="checkbox"/> Yes <input type="checkbox"/> No
<input type="checkbox"/> 5 or more days/week <input type="checkbox"/> 3-4 days/week <input type="checkbox"/> 2-3 days/week <input type="checkbox"/> 1-2 days/week <input type="checkbox"/> Sedentary
Average minutes/day: Intensity Level: <input type="checkbox"/> Low <input type="checkbox"/> Moderate <input type="checkbox"/> High
Comments:
Do you participate in resistance training: <input type="checkbox"/> Yes <input type="checkbox"/> No
Days/Week: Intensity Level:
Comments:
Do you participate in balance training: <input type="checkbox"/> Yes <input type="checkbox"/> No
Average minutes/day: Intensity Level: <input type="checkbox"/> Low <input type="checkbox"/> Moderate <input type="checkbox"/> High
Comments:
Home Safety Risk
Do you have significant home safety risk factors <input type="checkbox"/> Yes <input type="checkbox"/> No
Do you live in an abusive home environment: <input type="checkbox"/> Yes <input type="checkbox"/> No
Do you wear your seat belt consistently: <input type="checkbox"/> Yes <input type="checkbox"/> No
Do you have smoke detectors in your home: <input type="checkbox"/> Yes <input type="checkbox"/> No
Do you use proper child safety seat use: <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> NA
Do you wear a helmet (when necessary) consistently: <input type="checkbox"/> Yes <input type="checkbox"/> No
Do you have a lead exposure risk: <input type="checkbox"/> Yes <input type="checkbox"/> No
Are you a fall risk: <input type="checkbox"/> Yes <input type="checkbox"/> No
Do you know how to swim: <input type="checkbox"/> Yes <input type="checkbox"/> No
Infectious Exposure Risk
Do you have significant infectious disease risk factors <input type="checkbox"/> Yes <input type="checkbox"/> No
Infectious Exposure to Tuberculosis: <input type="checkbox"/> Yes <input type="checkbox"/> No
Infectious Exposure to HIV: <input type="checkbox"/> Yes <input type="checkbox"/> No
Blood Product Exposure: <input type="checkbox"/> Yes <input type="checkbox"/> No
Blood Product Exposure Year:
Travel Abroad: <input type="checkbox"/> Yes <input type="checkbox"/> No
Travel Details:
Occupational Safety
Job Description:
Are you satisfied with your job: <input type="checkbox"/> Yes <input type="checkbox"/> No
Risk Type: <input type="checkbox"/> Biologic Agents <input type="checkbox"/> Dust <input type="checkbox"/> Injury
<input type="checkbox"/> Toxins <input type="checkbox"/> Pesticides <input type="checkbox"/> Radiation <input type="checkbox"/> Loud Noises
Do you use protective equipment: <input type="checkbox"/> Yes <input type="checkbox"/> No
Sexual Activity
Are you: <input type="checkbox"/> Sexually Active <input type="checkbox"/> Not Sexually Active
Do you have high risk sexual behavior: <input type="checkbox"/> Yes <input type="checkbox"/> No